

**2023-24**

# Post-16 Pathways



**A guide for young people, parents  
and carers on next steps after year 11**

# Contents

<b>Introduction</b> .....	4
How to use this guide.....	4
Participation in education and training after year 11 .....	4
Helping you to decide .....	5
If you have Special Educational Needs and/or Disabilities.....	5
York SEND Local Offer .....	6
If you have an Education, Health and Care Plan.....	7
<b>Pathways After Year 11: A Summary</b> .....	8
<b>Qualification Levels</b> .....	9
<b>Further Education</b> .....	12
AS/A Levels.....	12
Applied General Qualifications or Tech Levels .....	12
T Levels .....	12
Institutes of Technology .....	13
Other Vocational Qualifications.....	13
Foundation Learning.....	13
<b>Training Through Employment</b> .....	14
Apprenticeships.....	14
Supported Employment.....	18
<b>Other Education Pathways and In-Year Provision</b> .....	19
York College .....	19
Askham Bryan College .....	20
York Learning (Routes 2 Success).....	21
<b>Additional Learning Options for Students with an EHCP</b> .....	22
Supported Internships.....	22
Personalised Learning and Work Experience Programmes .....	23

<b>Looking Ahead - Employment and the Job Market.....</b>	<b>24</b>
The local picture .....	24
Green jobs and green skills.....	29
<b>Volunteering .....</b>	<b>31</b>
<b>Looking Ahead - Higher Education.....</b>	<b>32</b>
<b>Looking Ahead - Lifelong Learning .....</b>	<b>34</b>
<b>Providers in York - Sixth Form, Schools and Colleges .....</b>	<b>36</b>
Year 11 Taster Days.....	36
<b>Specialist Providers and programmes for Young People with an EHCP .....</b>	<b>39</b>
<b>Further Support.....</b>	<b>53</b>
<b>Support on the web and on the phone .....</b>	<b>54</b>
<b>Useful contacts for young people with SEN or an EHCP .....</b>	<b>57</b>
<b>Financial Support.....</b>	<b>60</b>
<b>Abbreviations .....</b>	<b>63</b>



# Introduction

## How to use this guide

Deciding what you want to do after year 11 can be both an exciting and stressful time. However there is plenty of support available to help you make decisions. You may find it helpful to share the information in this booklet with your parent or carer.

York has a wide range of high-quality choices available for all young people, at all levels. Whatever you are doing now, there is a pathway for you to follow in 2024-25.

This booklet gives initial information and tells you where to find out more. It has been designed with all students in mind, with the sections in blue containing additional information for students with an existing **Education, Health and Care Plan (EHCP)**.

## How to use this guide if you have an EHCP

If you have an EHCP, you also need to look for sections that have a blue background and the pink symbol.

You can check if you have an EHCP by asking your teacher, parent, carer or someone who supports you.



## Participation in education and training after year 11

Current legislation sets out an aspiration that you will continue in education or training until at least your 18th birthday (throughout Year 12 and into Year 13). This will allow you to gain skills and qualifications that help you to progress to higher education, work and adult life; enabling you to succeed in the fast changing, modern world.

It is very important that all young people are able to access education or training. Schools work with the Local Authority (City of York Council) to guarantee that every school leaver will have an appropriate offer of education/training by the end of September after they finish Year 11.

If you have not been accepted on to a full-time course, or in employment with training, don't worry. There are some shorter programmes available, that you can join at other times in the year, to help you progress into full-time education, or employment with training (see pages 19-21).

Whatever you are thinking of doing, it's important to look at all the options. Information on how to apply is available on school, college and provider websites or in their brochures (often called a 'prospectus'). When you have decided on your preferred pathway, you can make applications to post-16 providers such as sixth forms, colleges, apprenticeship employers or providers. Your school will be able to provide you with further information.

## Helping you to decide

This is an important time in your life and there are many options to consider. When making choices, it's important to have the right information to make an informed decision. Taking the time now could improve your motivation and provide the foundation for positive results next year and beyond. Take the time to:

- Find out information about different routes (often referred to as 'pathways') from events, websites and literature.
- Make sure you have the opportunity to attend taster days ([see page 38](#)) with post-16 providers. This is especially important if you are considering taking up a subject you have not studied at GCSE.
- Ensure that you understand the different qualifications, levels and pathways available ([see pages 8-23](#)).
- Talk to your teachers about the Careers Education, Information, Advice and Guidance programme in your school which can support you to make successful choices.
- Have a chat with your parents/carers about what you enjoy, what you are good at, what motivates you to learn, the environment you want to be in and your own learning style.
- Think independently about your choice, not about what your friends are doing.

### If you have Special Educational Needs and/or Disabilities

If you have Special Educational Needs and/or Disabilities (SEND), your focus may not just be on education or training but may cover the broader aspects of preparing for adult life.

Your learning could become more vocational (education or training linked to a particular skill/trade), to help you identify opportunities for employment, and improve your communication, relationship and independent living skills.

To help you achieve your aspirations, most full-time college courses are 3 days per week and other learning programmes are usually 3 or 4 days, giving you time for activities outside of education.

SEND Support Plans are documents used with you if you have identified special educational needs and receive SEND support in school. If you have a SEND Support Plan, this may help inform your education and employment with training choices.

Not all young people with SEND have or require a SEND Support Plan, but if you do need additional support, speak to student support at your education setting.



## York SEND Local Offer

The York SEND Local offer is available on [yorksend.org](http://yorksend.org). It provides more information for young people with special educational needs, disabled young people, parents and carers.

If you have SEND it is realistic to think about paid work. Paid work can give you financial independence, help you to meet friends, and it's good for physical and mental health. It's never too early to start thinking about the best way to prepare for paid work – start by thinking about what you enjoy, your hopes, and the skills and qualifications you may need.

Later in this guide, there are details of additional education and employment with training opportunities for you if you have an EHCP. This includes:

- Local schools/colleges - including study programmes (see pages 13 and 36-37)
- Personalised Learning and Work Experience Programmes (see pages 23 and 39-52)
- Supported Internships (see pages 22 and 39-52)
- Useful contacts for you when preparing for adulthood (see page 57)

Your Specialist Learning and Employment Adviser can provide information on the different career areas each provider covers and help you (with your parent or carer) to understand how they may be able to meet your individual needs.

You will also have opportunities to attend open events and taster sessions to support your decision making.



## If you have an EHCP

If you have an existing EHCP the Preparation for Adulthood outcomes in your plan will help you to make decisions about your education, training and employment choices.

### Your plan should:

- Describe you
- Describe your goals
- Describe your individual needs
- Set out what type of education or employment with training is best for you



**Your plan is reviewed at least once a year to make sure the information is up to date.**

It is important that you try to take part in your plan review to help you plan your next steps towards training and employment.

Your SEN Caseworker is responsible for your EHCP and leads decision making around next steps. However, you will also have the support of a Specialist Learning and Employment Adviser, who can help you to prepare to make choices relating to education, training and employment.

An adviser will meet with you (in person or virtually) to find out about your skills, experience and employment ambitions. Your adviser then works with your SEN caseworker, family, teaching staff and others who know you (such as social workers and health professionals) to support your successful transition into adulthood.

# Pathways after Year 11 - A Summary

## 1. Further education at school, college or with a provider – see pages 12-23 and 36-37

- AS and A Levels (Level 3)
- An Applied General Qualification (including BTECs and other Diplomas) or Tech Level (Level 3)
- T Levels (employment sector-based qualifications) (Level 3)
- Other vocational/general qualifications (Entry Level, Level 1-2)

## 2. Apprenticeships – see pages 14-17 and 24-26

- Apprenticeship training (Level 2–3) combined with a job, with progression opportunities

## 3. Specialist pathways for students with an EHCP - see pages 18 and 39-52

- Local further education
- Learning and work experience programmes
- Supported internships

These programmes will help develop skills for employment and some young people may progress to an inclusive apprenticeship.



These are the pathways followed by most young people. A fourth pathway is also possible:

## 4. A flexible package of working and participation – see pages 19-21 and 31

- Participation in education and training, combined with options such as volunteering and paid work for 20 hours or more a week



## Qualification Levels

The level of the programme that you will be able to start will depend on what qualifications you already have or are expecting to achieve by the time you move on from Year 11. GCSEs are graded using a numbered scale from 9 (high) to 1 (low).

Currently, if you are not awarded a GCSE at grade 4 (previously grade C) or higher in English or maths, those subjects will be included in your next course or training programme.

The information in this booklet applies to you if you are finishing year 11 in 2024 and moving into post-16 education or employment with training in September 2024.

**See next page for an overview of the different levels of qualifications and courses.**

## Qualification Levels - Entry, Intermediate and Advanced

Level	Example of Courses and Qualifications	Entry Requirements*	Average Time to Complete
Entry	<ul style="list-style-type: none"> <li>• Functional Skills Entry Levels 1-3</li> <li>• Foundation Learning Programme</li> </ul>	No GCSEs or formal entry requirements	
1	<ul style="list-style-type: none"> <li>• GCSEs grade 1-3 (formerly G-D)</li> <li>• Functional Skills Level 1</li> <li>• Foundation Learning Programme</li> </ul>	No GCSEs or formal entry requirements	
<b>Intermediate</b>			
2	<ul style="list-style-type: none"> <li>• GCSEs grade 4-9 (formerly C-A*)</li> <li>• Functional Skills Level 2</li> <li>• Intermediate apprenticeship</li> <li>• BTECs</li> <li>• NVQ Level 2</li> <li>• Other Diplomas</li> </ul>	Level 1 qualification or some GCSEs at grade 3	1 year
<b>Advanced</b>			
3	<ul style="list-style-type: none"> <li>• AS/A Levels</li> <li>• Advanced apprenticeship</li> <li>• T Levels</li> <li>• BTEC National Extended Diploma / National Extended Certificate</li> <li>• Applied General Certificate / Technical Extended Certificate</li> <li>• NVQ Level 3</li> <li>• Institute of Technology</li> </ul>	At least four GCSEs at grade 4-9 (often including English and maths); or another intermediate level qualification	2 years

\*These are typical entry requirements, but some courses have different entry requirements. You would need to check.

## Qualification Levels - Higher

Level	Example of Courses and Qualifications	Entry Requirements*	Average Time to Complete
<b>Higher</b>			
4	<ul style="list-style-type: none"> <li>• Certificate of Higher Education</li> <li>• Higher level apprenticeship</li> <li>• NVQ Level 4</li> <li>• Institute of Technology</li> </ul>		1 year
5	<ul style="list-style-type: none"> <li>• Foundation Degree</li> <li>• Higher level apprenticeship</li> <li>• NVQ Level 5</li> <li>• Institute of Technology</li> </ul>		1-5 years
6	<ul style="list-style-type: none"> <li>• Bachelor's Degree</li> <li>• Degree level apprenticeship</li> <li>• NVQ Level 6</li> </ul>		3 years
7	<ul style="list-style-type: none"> <li>• Master's Degree</li> <li>• Master's Degree level apprenticeship</li> <li>• Post Graduate Certificate in Education (PGCE)</li> <li>• NVQ Level 7</li> </ul>	Usually an upper second-class degree (2.1) or equivalent. Some universities / courses accept a lower second-class degree (2.2)	18-24 months

\*These are typical entry requirements, but some courses have different entry requirements. You would need to check.

For more information on what qualification levels mean, visit [GOV.UK](https://www.gov.uk)

# Further Education

All courses below are classed as full time, made up of qualifications, tutorial, work experience and other support activities; however, this may not require attending classes five days a week.

## AS/A Levels (Level 3)

These are the main routes into higher education, but they are also useful if you want to progress straight into employment or an apprenticeship. You choose 3 or 4 A Levels which are available in a wide range of subjects across the city. Courses tend to focus on academic study with subjects ranging from history, maths and sciences to more applied subjects such as business, media studies and information technology.

An AS Level is a totally separate qualification. You can take an AS Level exam after one year and achieve a qualification. AS Levels are only available locally at York College.

## Applied General Qualifications or Tech Levels (Level 3)

If you are wishing to continue your education at an advanced level through applied learning, an Applied General Qualification (including BTECs and other Diplomas) could be right for you. They help you to develop transferable knowledge and skills and will meet entry requirements for a range of higher education courses. They can also enable entry to employment or an apprenticeship.

If you are wanting to specialise in a technical occupation or occupational group, Tech Levels equip you with specialist knowledge and skills, enabling entry to employment or an apprenticeship in that occupational area or progression to a related further or higher education course.

## T Levels (Level 3)

T Levels were introduced in 2020 and are equivalent to three A Levels. They provide a mixture of classroom learning and an industry placement of at least 315 hours as a route into employment, further study or a higher apprenticeship.

York College T Level courses for September 2024 are Leadership & Management, Building Services Engineering for construction (Electrical Installation), Building Services Engineering for Construction (Plumbing), Construction Design, Surveying & Planning, Education & Early Years, Engineering & Manufacturing: Design & Development, Hair, Beauty & Barbering and Health. Locally Bishop Burton College also offer T Level provision and there is a daily bus service to and from York).

Find out more about [T Levels](#).

## Institutes of Technology (Level 3 – 5)

Institutes of Technology (IoTs) are collaborations between further education (FE) providers, universities (HE) and employers.

IoTs deliver high quality, technical qualifications, such as HNCs, HNDs, apprenticeships, T Levels and foundation degrees, with a focus on STEM (Science, Technology, Engineering and Maths) subjects such as:

- Cyber Security
- Construction & Engineering
- Animal Care & Agriculture
- Game Development



York College & University Centre and Askham Bryan College are key partners in the IoT locally (although do not necessarily offer all courses/qualification).

For more information and to read the full list of courses and partners involved in the Yorkshire & Humber IoT, visit [Yorkshire & Humber Institute of Technology](#).

## Other Vocational Qualifications (Levels 1 – 3)

On courses for other vocational qualifications (such as BTECs or NVQs) you would undertake practical, work-related tasks designed to develop the skills and knowledge to do a particular job effectively. You could gain these at college, while working, or during an apprenticeship (see pages 14-17).

The qualifications are assessed by a mix of practical assignments, building up a portfolio of evidence and exams. There is no fixed duration, but it usually takes one year to complete a qualification at Level 1 or 2. At Level 3, programmes are flexible and qualifications can be achieved at the end of both the first and second year.

## Study Programmes

A study programmes include qualifications, work experience and life skills to help you get a job and live independently.

## Foundation Learning (Entry level – Level 1)

Foundation learning is an individual programme, to help you focus on your own specific needs, e.g. personal and social skills, confidence building, reading, writing and numeracy. Programmes include vocational learning and the duration depends on your individual needs, aims and goals.



# Training Through Employment

## Apprenticeships

An apprenticeship is a contracted, paid job with training. You work alongside experienced staff, gain job-specific skills, earn a wage and get holiday and other entitlements. You will follow an apprenticeship standard, which sets out the knowledge, skills and behaviours you will need to succeed in your job. For a searchable list of approved standards, visit the [Institute for Apprenticeships](#).

Throughout your apprenticeship, you create a portfolio to evidence your developed knowledge, skills and behaviours, leading to exams and/or professional discussions (known as an End Point Assessment or EPA).

You are usually employed at least 30 hours per week for 15-27 months. Depending on the apprenticeship and employer, you could work part time and spread the training over a longer time period. The apprenticeship route often leads to progression in employment, a higher-level apprenticeship, or university.

2.2m people  
have started an  
apprenticeship  
since 2015

1500+  
apprenticeship  
job roles  
available

£1.5m average  
lifetime earnings  
of a higher-level  
apprentice

93% of  
apprentices  
remain employed  
on completion

Data source: *Amazing apprenticeships 2023*

## Levels

Apprentices usually start at Level 2 or 3 (equivalent to GCSE or A Level) and could continue onto Level 4 or 5 (foundation degree level) and in some cases, up to Level 6 or 7 (bachelor's or master's degree level). English and maths GCSE passes, or functional skills level 2 are usually required for any level of apprenticeship, but not always at the start, meaning you would be supported to re-sit them alongside.

Apprenticeships can be well suited to people with a learning disability as they combine practical training with study and can be part-time if needed. An apprentice works alongside experienced staff in an organisation to gain job-specific skills. Inclusive Apprenticeships (also known as Supported Apprenticeships) are like any other apprenticeship, but with lower minimum English and maths requirements for people with an EHCP or who previously had a Statement of Educational need.



Levels of Apprenticeships			
Intermediate Level 2	Advanced Level 3	Higher Level 4 - 5	Degree Levels 6 - 7
Broadly equivalent to GCSEs	Broadly equivalent to A Level	Broadly equivalent to Foundation Degree level	Moving on to Degree and Master equivalent qualifications
A minimum of 12 months	Average of 18 months	Average of 24 months	Average of 24 – 48 months

You might have to start at a lower level apprenticeship straight from school and climb the training ladder. For example in the legal sector:



It's important to be aware of the key employment sectors in York and consider the progression opportunities an entry-level role may offer.

See [pages 24-30](#) for local labour market information.

## Training providers

Apprentices and employers are supported by a training provider, who deliver the skills, knowledge and behaviours required for the apprenticeship. These could be independent organisations, colleges or universities. There are several ways to receive training: day release at a college or training centre, block placements, or virtually with visits to your workplace by the training provider.

## Financial Support

A 16-19 Bursary Fund and apprenticeship bursary for care leavers (up to the age of 25) may be available. This is dependent on your family circumstances. For more information see [pages 32, 54, 56 and 60-61](#).

## Applying

The main way to search and apply for vacancies is at: [GOV.UK](#).

For construction vacancies, go to: [Talent View Construction](#).

For rail vacancies, go to: [Routes into Rail](#).

Check which training providers deliver the apprenticeships you are interested in, and contact them direct for upcoming vacancies via [GOV.UK Employers find apprenticeship training](#).

Approach employers directly with a CV and check their websites and social media throughout the year – as not all apprenticeship jobs are advertised on the websites above. Employers may not be considering an apprentice but might change their minds when presented with a great candidate.

City of York Council's York Apprenticeship Hub sends a weekly vacancy and events e-newsletter, highlighting opportunities in and around York. Sign up at [York Apprenticeship Vacancies](#).

## Resources

Amazing Apprenticeships have produced a range of resources for you and your parents/ carers when thinking about apprenticeships. Resources include:

- Step by step guide on applying for apprenticeships
- How to find an apprenticeship
- Interview tips
- Interactive student apprenticeship guide
- Posters to highlight potential career paths based on the subjects you are taking/are planning to take
- Videos of existing apprentices
- Apprenticeship guide for care experienced young people/care leavers
- Monthly Apprenticeship Parents and Carers' Pack
- Parent Perspective Podcast
- Webinars
- Higher and Degree vacancy listings

Access all apprenticeship resources at [Amazing Apprenticeships](#).

## Further information

York Apprenticeship Hub can provide you with more information, including details of planned recruitment events. Visit [York Apprenticeships](#) for more information and contact details.

## Advice from apprentices in York

I chose this route as it allows me to **learn a trade** while also getting a **qualification**

Although an apprentice wage can sometimes be lower initially, the **prospects** at the end are very good.

The key thing **employers are looking for** alongside your qualifications is **experience**. An apprenticeship gives you that.

**Apply for several different positions** that appeal to you, as you can often get a feel for a place during interviews and there is also a lot of competition for vacancies.

Do research and look at your options. It **puts you a step ahead** at a young age, earning a wage, gaining work experience and getting qualified.

Apprenticeships give you lots of **opportunities and experience**. The best thing about it is you get to earn while you learn.



## Supported Employment

A personalised model for supporting people aged 18 years or older with significant disabilities to secure and retain paid employment. Eligible young people may progress from other programmes such as work experience, inclusive apprenticeships and Supported Internships.

### You will get:

- Support to identify your aspirations, learning needs, skills, experiences and job preferences (with carer and support worker involvement)
- Support with practical job finding and job carving to ensure it suits your needs
- An induction in the workplace and ongoing training as well as out of work support if needed
- A development plan to record your goals
- Support with career development beyond the programme



For more information on where this is available locally [see pages 39-52](#).

**Supported Employment is overseen by the British Association for Supported Employment (BASE).**



# Other Education Pathways and In-Year Provision

If you are not ready to start a course in September or find the course you have chosen is not right for you, other learning options may be available. Below are some examples of current in-year provision available locally (subject to change).



## York College & University Centre

York College offers a variety of provision with start dates across the year. Entry requirements vary by the level of course, please contact [info@yorkcollege.ac.uk](mailto:info@yorkcollege.ac.uk) for more information. Please also see the college entry on pages 51-52 of the Specialist Providers section).

### September and October

**Level 3 Extended Project Qualification:** This involves working towards an Extended Project Qualification, NCFE Occupational Studies Qualification and developing academic skills supporting progression to university. (Requires a GCSE 4 or above in English language).

### September and January

**Level 2 Vocational Studies (Princes Trust):** This Level 2 programme is based around employment, training and skills. The courses are designed to help with key employability skills development and self-confidence, whilst also focusing on English and maths if you have not secured a 4 or above at GCSE. (3 days a week).

### September

**Level 1 and 2 Vocational Studies (Princes Trust) onsite:** These programmes are based around employment, training and personal development. The courses are designed to help with key employability skills development and self-confidence, whilst also focusing on English and maths if you have not secured a 4 or above at GCSE. (3 days a week). This will also be offered offsite at White Rose Football Club close to York College at Level 2.

## **Askham Bryan College**

Visit [Foundation Learning at Askham Bryan College](#) or contact the College on 01904 772277 for more information about the following courses or on taster day events.

### **Entry Level 2 – 3.5 Programmes**

Entry level courses will help you develop a range of transferable skills. Units of study include horticulture and conservation, animal care and agriculture. You will study in college 3 days per week and there will be a mix of practical and theory sessions. There will also be an opportunity for group work experience.

### **Level 1 Pathways**

Take your first steps on the career ladder and study a Level 1 Land-Based Programme. We focus on practical skills, but we will also develop your academic skills over the year. You will attend College for a minimum of 3 days per week and upon completion of your programme you will achieve a level 1 diploma in Land-Based Studies from City and Guilds. There are no formal exams, but you will collect a portfolio of evidence and be continually assessed during the course. Courses are offered in agriculture, animal care, horse care and horticulture. We will help you develop skills that employers are looking for and also improve your personal performance. 24 hours of work experience in a setting that is relevant to your qualification will add to your transferable skills.

### **Stepping Stone and Level 2 Pathways**

We offer Level 2 Stepping Stone or full level 2 in Animal Care or Land-based Studies. After a year of study at level 1, many of our students progress onto level 2. This can be either in the mainstream section of the college or within the Foundation section. However, for those students who are not ready, we are able to offer a unique opportunity to study on our Stepping Stone Programme. You will study for a minimum of 3 days per week and you will be able to broaden your existing vocational skills, develop your ability to study independently, explore career routes within the industry and boost your confidence. You will undertake 75 – 150 hours of work experience in a setting that is relevant to your qualification. On completion you will be awarded a level 2 certificate in Land-based Studies.

### **Prince's Trust TEAM Programme (12 weeks, 3 start dates a year)**

This programme challenges you to develop self-confidence, interpersonal and employability skills. It includes a one-week residential and a two-week work placement and gives you the chance to contribute through community projects. You will also get support to find work, become self-employed or progress to further study.

### **Flexible Learning Programme**

This course runs from 8-12 weeks, 2 days a week, covering employability, health & safety, first aid, horticulture, animal care and horse care. Available around the Yorkshire region to anyone claiming work related benefits and is aged over 16.

## Routes 2 Success

Routes 2 Success is a supportive full time study programme for you if you are aged 16-19, or up to 25 with an EHCP. It aims to build on your personal and academic skills, supporting your transition to further education, training or work. You can study English and maths from Entry Level Functional Skills to GCSEs alongside a City & Guilds qualification in employability skills, and also undertake a work placement. The programme may be right for you if you are not yet ready to access mainstream post-16 study and learn more effectively in a small group setting.

For more information contact [sarah.robson@york.gov.uk](mailto:sarah.robson@york.gov.uk) (07534 042146) or [alison.thorne@york.gov.uk](mailto:alison.thorne@york.gov.uk) (07796 818184)

See page 48 for further details.

York Learning also provides free courses for those aged 19+ without GCSE grade 4/C and above to gain Functional Skills or GCSE qualifications in English and maths.



# Additional Learning Options for Students with an EHCP

## Supported Internships

If you are aged 16-24 with an Education Health and Care Plan, a supported internship can be a good way to develop your independence and it can even lead to a paid job. It is mainly based at the employer's workplace, where you learn on the job with support from a job coach and tutor. If you learn best by 'doing' and are ready to work but need extra support to take that step, a supported internship may be right for you.

A supported internship will last at least 6 months, but most are around 12 months long. Whilst you are not paid during the programme, you will benefit from being part of a real business and develop skills to help you secure paid employment.

More information on Supported Internships is available on the [York SEND Local Offer](#) website. **See also pages 39-52** for more information about where supported internships are available locally.



What I like about it is that we get a feel for what it's like to be in a working environment. I think it helps us prepare for when we get a job in the future.

**- Intern**

The provider has been amazing in the support and guidance they have given to our son. The work coaches and tutors have got him to focus and allow him to discover his career potential. They have helped him to grow as a person and equipped him with life skills that will aid him in obtaining employment and living independently in the future.

**- Parent**



## Personalised Learning and Work Experience Programmes

These programmes focus on work experience and include a tailored package of learning which prepares you for employment (or volunteering) and independent living, building towards living a full adult life in York.

This pathway could be appropriate for you if you want to continue your education when you leave school in a vocational setting or if your needs cannot currently be met by other programmes offered locally.

**It combines three elements:**

- A sustained period of work experience and voluntary opportunities doing something you are interested in. This will help you build your CV and strengthen your employability skills.
- Education and training with the opportunity to gain further qualifications and employability skills.
- Leisure activities with the opportunity to meet and socialise with other students.



# Looking Ahead: Employment and the Job Market

People with the skills and qualifications that businesses need are generally better paid and have more job options. Continuing in education and training helps you to develop skills, gain qualifications and get ready for the world of work. This includes going straight into an apprenticeship or job with training between the ages of 16 and 18. An apprenticeship is a job with training (see pages 14-17), which leads to a recognised qualification and often a clear route to progress a career. Any employer should support and encourage access to training.



The National Careers Service has developed a short quiz to help you to identify your interests, motivations and preferences. You can use this information to explore careers that might interest you in more detail. The quiz takes 5-10 minutes to complete: [discover your skills and careers](#). You can also explore different careers to find out what a job involves and if it could be right for you: [explore careers](#).

## The Local Picture

In recent years, the number and types of jobs available in York have changed. You may know people who have changed role, the hours they work or their employer during this time. The importance of having digital skills has become considerably more important.

A key change is that more people now work from home, rather than going to an office. However, many roles still rely and thrive on people delivering a personal service such as in health & social care, education, retail, logistics and hospitality. Many science, technology, engineering and maths (STEM) roles also require employees to use manufacturing, engineering and laboratory equipment at designated sites.

The jobs market in York remains competitive; as well as young people leaving school, college and university, more people are looking to change jobs or return to work. This means that personal qualities such as adaptability, a willingness to learn and resilience are more important than ever.

Whilst it's good to have a clear idea of next steps, you may have no firm career plans in Year 11. So, now's the time for you to think about developing the transferable and technical skills that employers need. With the fast pace of change in business and industry today, you will need to put yourself in the best position to meet the needs of employers now and in the future.

Employers across all sectors value basic literacy, numeracy and digital skills, along with transferable skills such as self-management. In terms of key skills that employers are looking for, they can be broken down into two categories: baseline and specialist.

The most sought after baseline skills (order of demand)	The most sought after specialist skills (order of demand)
Communication	Customer service
Customer service	Teaching
Management	Teamwork/collaboration
Attention to detail	Marketing
Sales	Finance / Invoicing / Accounting
Planning	Auditing
Leadership	Project management
Problem solving	Supporting young people with mental health conditions

Most sought after baseline digital skills (order of demand)	Most sought after specialist digital skills (order of demand)
Microsoft Office Suite	SQL
Microsoft Excel	Microsoft C#
Microsoft Outlook	Microsoft Azure
Microsoft PowerPoint	JavaScript

Data source: York & North Yorkshire Labour Market Analysis 2023, YNYLEP



So, when deciding to live and work in York, you'll need to know about:

## Local employers

York has some big employers in the city but most are small to medium sized companies (SMEs) with fewer than 250 employees. Self-employment and starting your own business are also real possibilities, but it's important for you to understand the sector you wish to operate within and who your customers will be.

## Good Business Employers

In York, some employers are signed up to the Good Business Charter (GBC). This means they have committed to ten responsible business practices, which include paying the Real Living Wage, offering fair hours and contracts, to source products ethically and are committed to reducing their carbon usage.

A list of York based employers that are signed up to the GBC can be found: [Yorkshire and the Humber - Good Business Charter](#).

## Job Opportunities

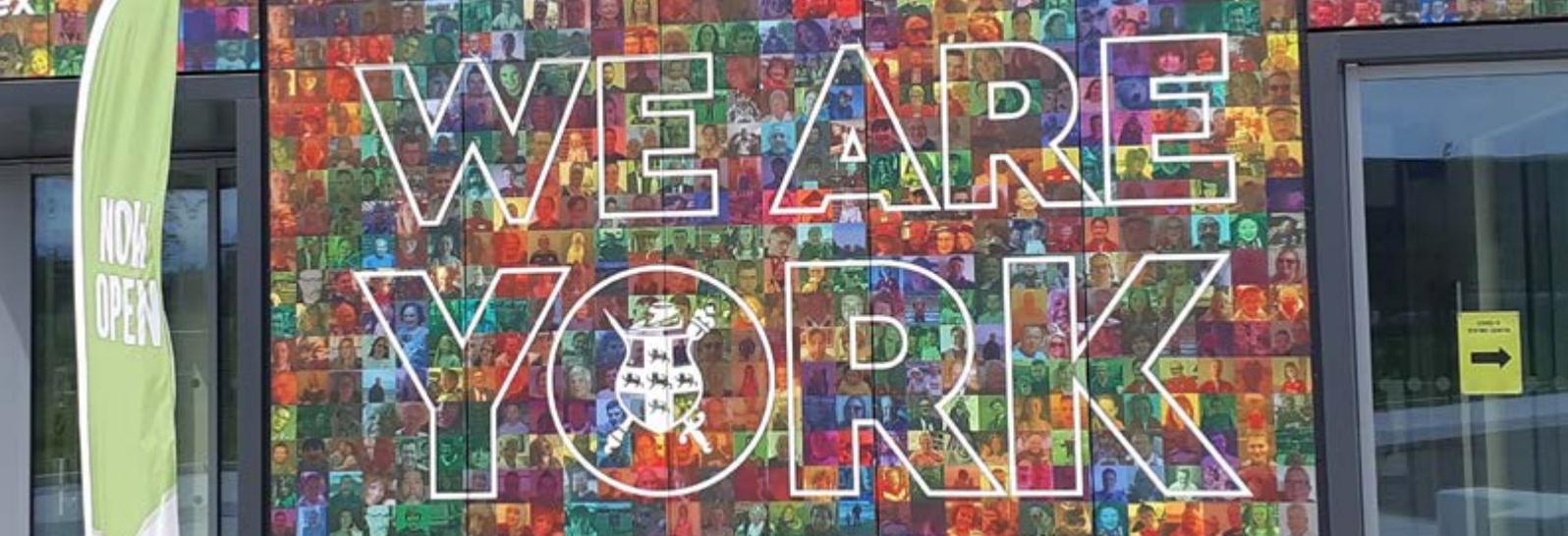
Current predictions are that the biggest growth in job opportunities in York will be for those people whose qualifications are Level 3 or above, which is equivalent to A Levels, T Levels and applied general qualifications, diplomas or advanced apprenticeships. This means that those who continue to study or train beyond the age of 19 should be in a stronger position. This could be at a university or other higher education institution, through a higher/degree level apprenticeship, or by gaining professional qualifications while working.

## Top Tips

The [National Careers Service](#) provides support on applying for jobs, preparing for interview, creating a CV and covering letter.

Some tips are listed below:

Top tips when applying for jobs	Top tips when preparing for interview
Have your information available when you start your application, for example qualifications/predicted grades, any work history and referees	Be punctual – allow enough time to get to your interview. If you don't know where to go, ask for directions in advance
Have a genuine interest in the position you are applying for	Pick out something suitable and comfortable to wear
Read the job description carefully and link your answers to the key elements of the job description	Turn your phone off
Do your research and demonstrate what you know about the company	Take a copy of your CV / application with you to remind yourself of what you said
Follow any instructions carefully	Sit up straight, keep calm and be yourself
Try to link in with your work experience, volunteering, leisure activities, clubs and school/college experiences	You can ask the interviewer to repeat a question – take your time to think before you answer.
Do not rush your application – make sure you do a spell check and proof read	Speak clearly
Have a sensible email address and include up to date contact details	Do not interrupt the interviewer
If applying online, make sure you click on the 'submit' button	Do prior research on the organisation and make a note of questions to ask
Think about including/attaching a covering letter with your application	Thank the person for the opportunity



## Employment Sectors in York

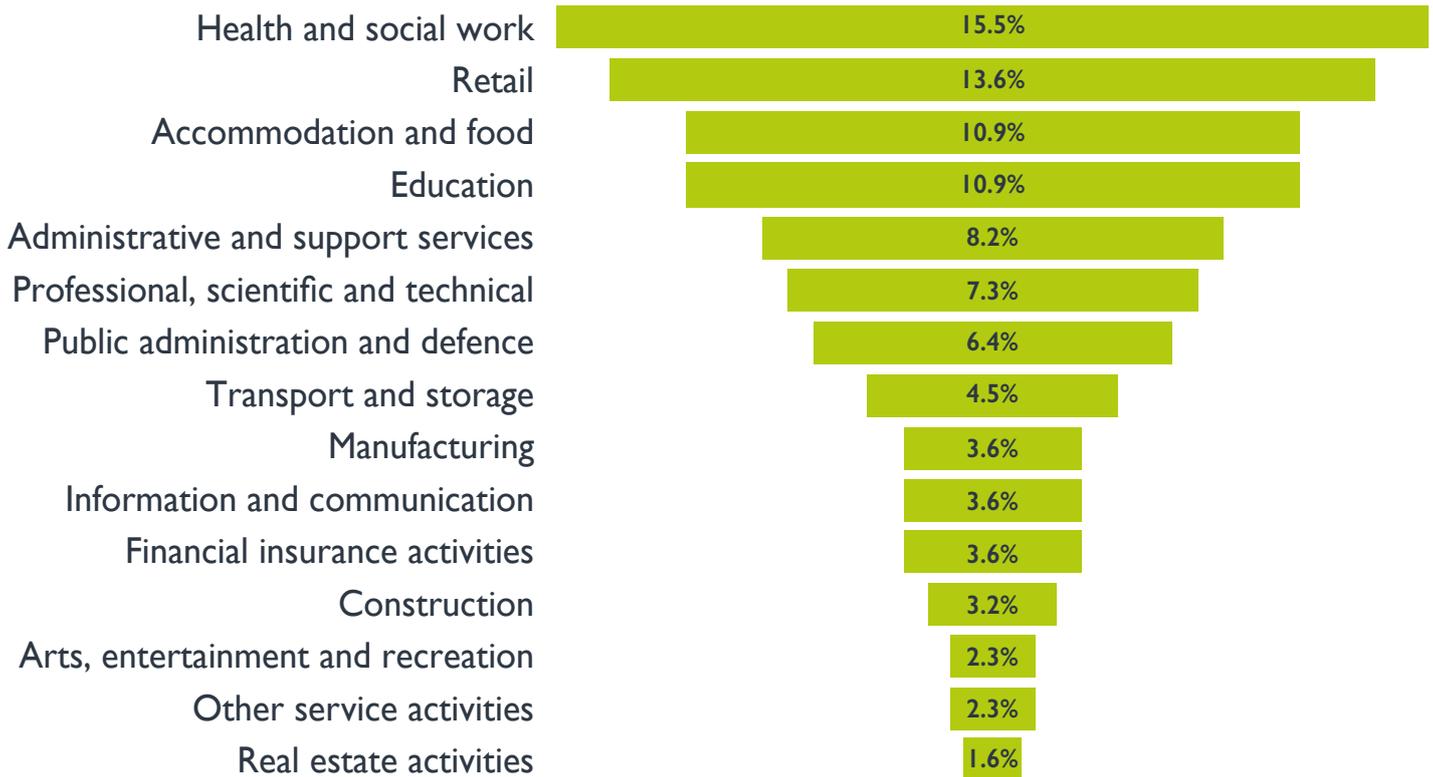
York has a number of different employment sectors, which include a wide range of different jobs and occupations. Whilst each sector has its own specialist occupations (see the table below), businesses in all sectors need people who work in finance, IT, marketing, legal and other areas.

Some examples of specialist occupations in York's key employment sectors:

Employment Sector	Examples of Jobs
Construction	Joiners and Surveyors
Early Years	Early Years Specialist Teacher and Teaching Assistant
Health and Social Care	Care Worker, Counsellor and Dentist
IT and Digital	Cyber Security Technician, Coder and Software QA
Tourism, Hospitality and Retail	Head Chef and Logistics Manager
Engineering (including food manufacturing, rail and road transport)	Engineer, Food Production Operative and Rail Signalling Engineer
Creative and Communications	Graphic Designer and UX Developer
Heritage	Digital Preservation, Archivist and Stone Masons
Agritech, Bioeconomy and Life Sciences	Microbiologists Research and Laboratory Technicians
Business and Professional Services	Lawyer, Insurance Broker, Business Relationship Manager and Planner

It's important to be aware of the key employment sectors in York and consider the progression opportunities an entry-level role may offer. For instance, building a career within the hospitality sector could lead to a national or international management role.

## Employment in York:



Data source: 2021 Business Register and Employment Survey

Whilst it is important to understand the job market in York, you might want to look further afield. Think about your chosen method of transport and the time it will take you to get there, rather than the distance.

## Green jobs and green skills

You may have heard about ‘green jobs’ and ‘green skills’ but are uncertain what the difference is or how important they are for working in York.

A ‘green job’ is employment in an activity that contributes to our net zero emissions target and other environmental goals, such as nature restoration and mitigation against climate risks. Examples include renewable energy generation, woodland creation and flood defence.

### Did you know?

*In York, we have an ambition to be a net zero carbon city by 2030. We all have a part to play and this includes developing green skills.*

‘Green skills’ are needed in a variety of roles and across different sectors. Increasingly employers in York are looking for people with skills such as innovation, adaptability and resilience to help them make their business activities more environmentally friendly.

Technical green skills are also in demand in areas such as construction and transport. For instance, plumbers and electricians will need to know how to fit environmentally friendly 'air source heat pumps' and car mechanics will be needed to fix electric as well as petrol cars.

At the same time, new technologies continue to change the world around us and it's possible that the job you'll be doing in 20 years' time doesn't yet exist! So, like today's plumbers and car mechanics, you'll need to be prepared to learn new skills along the way.

To find out more about [York's Green Economy](#).

In addition the [Green Careers Hub](#) is a platform to access resources and careers information that relates to your current and future skills, knowledge and experience.



# Volunteering

There are lots of opportunities across the city for you to try something new, develop your skills, enhance your CV, meet new people, have fun and give something back to your community. Your school will be able to advise on the opportunities available.

To find out more about how to get involved in volunteering, [see pages 54-55](#).

## National Citizen Service

The National Citizen Service (NCS) is a programme open to all 16 and 17-year-olds in England (or for those aged 18 to 25 with a special educational need and/or disability)..

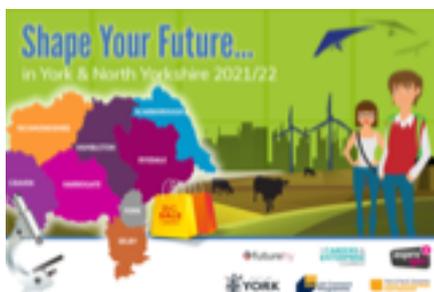
Get ready to build your independence, boost your work readiness, grow in confidence and form some amazing friendships along the way. The best bit – you can do it in a way that works best for you. NCS currently offers three experiences:

- Away from Home
- Local Community Experiences
- Online Experiences

For more information visit: [wearencs.com](http://wearencs.com)

## You might also find the following information sources useful

- The Shape Your Future York & North Yorkshire booklet provides information about the key local employment sectors, qualifications and pathways, the importance of skills and making successful applications. This guide is currently being updated and the updated version will be available in December. Ask at school to see a copy of the guide.



- For apprenticeships go to [City of York Council](#) or [GOV.UK](#) to search and apply
- To search for general employment opportunities visit the [Job Help Campaign](#).

# Looking Ahead: Higher Education

## Thinking about Higher Education?

You can progress to higher education (HE) with a range of qualifications, including A Levels, BTECs, diplomas, T Levels and apprenticeships.

Local universities and colleges support a range of activities to promote access to HE. Generally, total earnings over a lifetime are higher for those with HE qualifications and there are many other positive experiences and benefits to be gained from studying at a university or college. If you know the type of job you would like to do after studying, look at job adverts and applications to see if they ask for particular qualifications.

It is also possible to apply for deferred entry onto HE courses, which allows you to secure your place on a course whilst you gain valuable work experience or travel.

## Studying in York



York has two universities (the University of York and York St John University) and two colleges (Askham Bryan College and York College). All institutions offer a wide range of HE courses, both academic and work-based, including degree-level apprenticeships and foundation degrees. Further afield, there are around 400 providers across the country offering over 50,000 courses (see **UCAS details on pages 33 and 56**), so there should be a course to meet your interest.

It is important to recognise that some courses ask for particular A Levels or other qualifications. Teachers and advisers at schools will be able to tell you which subjects may be useful when picking options for HE, alternatively visit [ucas.com/explore](https://ucas.com/explore) or [informedchoices.ac.uk](https://informedchoices.ac.uk). Information about entry requirements for courses is available through university and college prospectuses and websites.

## Costs and financial support

Universities and other HE providers in England can charge up to £9,250 per year (in 2024). No fees are paid up front and fee and maintenance loans are available depending on your financial situation. You do not start repaying your loan until you are earning at least £25,000 per year. The rate of repayment is 9% of your earnings over £25,000 and loans are written off after 40 years, no matter how much you have paid off.

There is additional support available to you if you are care experienced and are looking to progress to higher education. This includes a bursary of £2,000 to help with the costs of books

and materials and there is also support to pay for accommodation costs. For more information: Care Leavers support for Higher Education.

Information on [financial support](#), including a simple calculator.

Further information about [making repayments](#).

## Disabled Students' Allowance (DSA)

This is available to support HE students with a range of difficulties and conditions. Allowances and support available through DSA are tailored to individual needs through a personal DSA Needs Assessment. Assessments can be carried out locally to where you live or plan to study. There are two DSA Assessment Centres in York.

For Disabled Students' Allowances Assessment Centres, go to:

- [Access2Learn DSA Outreach Centre](#)
- [Aim Assessments Outreach Centre](#)
- [A2B Assessments Outreach Centre](#)

## Where to find out more

Universities and colleges in York offer a range of opportunities to visit them. Open days will allow you to look around, find out more about courses and meet staff and current students. Open days typically run between July and December. To find out more about when open days are being held, please check on the following websites:

- [York St John University](#)  
*Places must be booked online*
- [University of York](#)  
*Places must be booked online*
- [Askham Bryan College](#)
- [York College](#)

For general information and advice on university and degree apprenticeships:

- [ucas.com](#) (the official website to apply for Higher Education and to search for degree apprenticeships)
- [discoveruni.gov.uk](#) (advice and guidance on university)
- [whatuni.com](#) (advice and guidance on university)
- [theuniguide.co.uk](#) (information and advice on university; includes advice on GCSE and A Level choices and implications for higher education.)

See page 56 for additional sources of support.



# Looking Ahead: Lifelong Learning

Whilst thinking about your next steps, don't forget that lifelong learning includes your parents/ carers. Lifelong learning can enhance our understanding of the world around us, provide us with more and better opportunities and improve our quality of life.

## There are many reasons why it is good to come back to learning:

- Learn new skills and build knowledge whether it's for leisure or work
- Improve your employment options
- Improve your self-confidence
- Build skills towards a new career
- Meet new people and become part of a community
- Keep up with the kids' skills in maths, English and digital skills
- Because it's fun!



## Are you aged 19+?

York Learning has one mission: to inspire you to **learn, explore and achieve**. Wherever you have come from or whatever your next steps are, our skills courses are the first step into further learning, better career options and more confidence in your abilities. In many cases, we are able to provide support with course fees, equipment and anything else that would enable you to access learning.

## Stuck in a rut with work?

Find out how to explore your options and find your way into something new. If you are thinking about returning to learning or are in work and looking to improve your career prospects, we are here to help you to make the right choices.

## English, maths and digital skills courses

Improve your skills with English and maths from beginners to GCSE and digital skills up to Level 3. Contact us to arrange a one to one skills assessment and get started on a course that's at the right level for you.

## Careers advice and information

If you're looking for work, a new job or new skills for a career change, we can support you with one to one mentoring and support. Find out more about RISE [see page 47](#) or ask us about careers advice support (if you are not eligible for RISE).

[yorklearning.org.uk](http://yorklearning.org.uk)

[york.learning@york.gov.uk](mailto:york.learning@york.gov.uk)

01904 554277



# Providers in York: Sixth Form Schools and Colleges



**ALL SAINTS**  
ROMAN CATHOLIC SCHOOL • YORK

All Saints School

Mill Mount • York • YO24 1BJ  
[allsaints.york.sch.uk](http://allsaints.york.sch.uk) • 01904 647877  
[6fadmin@allsaints.york.sch.uk](mailto:6fadmin@allsaints.york.sch.uk)

A range of A Level and BTEC qualifications

Open evening 2023: Wed 15 November



**Archbishop Holgate's School**  
A Church of England Academy Founded 1546

Archbishop Holgate's School

Hull Road • York • YO10 5ZA  
[archbishopholgates.org](http://archbishopholgates.org) • 01904 411341

A range of courses including A Levels, BTECs,  
other Level 3 qualifications and bespoke Level  
2 qualification pathways

Open evening 2023: Thu 9 November



**ASKHAM BRYAN**  
COLLEGE

Askham Bryan College

Askham Bryan • York • YO23 3FR  
[askham-bryan.ac.uk](http://askham-bryan.ac.uk) • 01904 772277

Vocational study programmes and apprenticeships  
linked to outdoor careers and land-based industries

Open events 2023-24: Sat 25 Nov, Sat 20 Jan and  
Sat 9 Mar.

Foundation events 2023-24: Wed 20 Dec, Wed 7 Feb  
and Wed 20 Mar





## Fulford School

Fulfordgate • York • YO10 4FY  
[fulford.york.sch.uk](http://fulford.york.sch.uk) • 01904 666406  
[sixthform@fulford.york.sch.uk](mailto:sixthform@fulford.york.sch.uk)

A range of A Levels and other Level 3 qualifications

Open evening 2023: Thu 16 November



HUNTINGTON SCHOOL

## Huntington School

Huntington Road • Huntington • York • YO32 9WT  
[huntingtonschool.co.uk](http://huntingtonschool.co.uk) • 01904 752100  
[mail@huntington-ed.org.uk](mailto:mail@huntington-ed.org.uk)

A range of A Levels and other Level 3 qualifications

Open evening 2023: Tue 7 November



## Joseph Rowntree School

Haxby Road • New Earswick • York • YO32 4BZ  
[josephrowntree.co.uk](http://josephrowntree.co.uk) • 01904 552100

A range of A Levels and a small number of vocational courses, including BTECs

Open evening 2023: Tue 14 November



## York College and University Centre

Sim Balk Lane • York • YO23 2BB  
[yorkcollege.ac.uk](http://yorkcollege.ac.uk) • 01904 770397

A wide range of AS and A Levels, Vocational courses, T Levels, Apprenticeships, Courses for Adults, Degrees and Higher-Level Study

Open events 2023-24: Thu 19 Oct, Wed 8 Nov, Sat 25 Nov, Mon 5 Feb, Tue 19 Mar and Thu 20 Jun



See individual websites for more information and timings.



## Year 11 Taster Days

On 16 and 18 January 2024, York school sixth forms and colleges will be offering taster days for year 11 students to trial post-16 options. In addition, on 18 January there will be an option for an apprenticeship taster day with various local employers. Applications went live in early October and the deadline to submit applications is 27 November (unless otherwise stated). Ask at school for more information if you have not received information about the Year 11 Taster Days.

## Independent Schools

- **Bootham School Bootham • York • YO30 7BU • 01904 623261**  
[boothamschool.com](http://boothamschool.com)
- **St. Peters School Clifton • York • YO30 6AB • 01904 527300**  
[stpetersyork.org.uk](http://stpetersyork.org.uk)
- **The Mount School (girls only) Dalton Terrace • York • YO24 4DD • 01904 667500**  
[mountschoolyork.co.uk](http://mountschoolyork.co.uk)

# Specialist Providers and Programmes for Young People with an EHCP

Specialist Provider	Type of Programme			
	Further Education	Personalised Learning & Work Experience Programmes*	Supported Internships*	Supported Employment*
Ad Astra		✓		
Applefields (including Minster provision)	✓			
Archbishop Holgate's Sixth Form	✓			
Askham Bryan College	✓			
Blueberry Academy		✓	✓	✓
Choose 2 Youth		✓		
NHSE Choices College			✓	
Pinc College	✓	✓	✓	
Prospects (part of Shaw Trust)			✓	
RISE		✓		
Routes 2 Success (York Learning)	✓			
Smart-Ways (Tang Hall SMART CIC)	✓	✓	✓	✓
The Toolbox Project		✓		
United Response		✓	✓	✓
York College	✓	✓		

For more information see the [York SEND Local Offer](#) website.



\*Please refer to pages 12-13, 18 and 22-23 for a definition of the above programmes

## Specialist Providers

Specialist Provider	Contact Details
<p><b>Ad Astra</b></p> <p>We provide a learning environment tailored to suit your individual needs. Ad Astra welcomes you if you have a wide range of additional needs, including if you struggle to manage your behaviour. We work closely with a range of agencies in order to support you as individuals.</p> <p>Sessions are delivered to you by specialist tutors in mechanics, construction and land-based learning; this includes access to a private woodland area and a range of small animals which live at our Elvington site. A small and experienced team of teachers provide maths, English, ICT and PSHE education to ensure you learn crucial life skills. For the young people that were entered for exams in the last academic year, we had a 75% exam pass rate. Our PSHE curriculum is enhanced by visits from the local fire service, mental health support groups and guest speakers such as the TV personality, Paul Cashmore.</p> <p>We offer a robust employability programme and a job-coach works closely with you to place you in meaningful work experience roles across the city where you can learn valuable employability skills. On average, 70% of our learners move on to paid employment at the end of your course with us. We work in partnership with a number of large employers across the region including York Football Club, Natural England and Guardian Glass.</p> <p>We offer a range of engagement, personal development and team building opportunities throughout the year. Activities include boxing, swimming, climbing, the gym, clay-pigeon shooting, cooking and art.</p> <p>We can provide free transport in the local York area. We offer learners a hot breakfast and lunch throughout the week and access to hot drinks and snacks. Our attendance is 35% above the national average for alternative provision.</p>	 <p><b>Website:</b> <a href="http://adastrauk.co.uk">adastrauk.co.uk</a></p> <p><b>Email:</b> <a href="mailto:kate.frankish@adastrauk.co.uk">kate.frankish@adastrauk.co.uk</a></p> <p><b>Phone:</b> 01904 449846</p>

Specialist Provider	Contact Details
<p><b>Applefields</b></p> <p>Our 16-19 offer aims to promote social and communication development, health and well-being, employment through our enterprises and life skills focussing on independence.</p> <p>You may either be taught in our Moving on Zone or as part of a mixed age class if you have moderate, severe or profound learning difficulties.</p>	 <p><b>Website:</b> <a href="http://applefieldsschool.co.uk">applefieldsschool.co.uk</a></p> <p><b>Email:</b> <a href="mailto:info@applefieldsschool.co.uk">info@applefieldsschool.co.uk</a></p> <p><b>Phone:</b> 01904 553900</p>

Specialist Provider	Contact Details
<p><b>Minster Provision (Post-19)</b> is a partnership between Applefields School and Askham Bryan College and aims to bridge the gap between school and adulthood, catering for you where your after school placement requires high levels of specialist input to meet your needs.</p> <p>This provision is aimed primarily at you if you are aged 19-25 with complex needs (although younger groups may be considered).</p>	<p><b>Website:</b> <a href="http://applefieldsschool.co.uk">applefieldsschool.co.uk</a></p> <p><b>Email:</b> <a href="mailto:info@applefieldsschool.co.uk">info@applefieldsschool.co.uk</a></p> <p><b>Phone:</b> 01904 553900</p> 

Specialist Provider	Contact Details
<p><b>Archbishop Holgate's Sixth Form</b></p> <p>The Level 2 Next Steps programme lasts for <b>one year</b> and is a transition pathway for you to develop your skills further, before continuing onto Level 3 qualifications/ alternative provision. You will work towards BTEC Level 2 qualifications in Business Administration, complete a Level 2 Extended Research Qualification and also undertake a number of sessions, enabling the opportunity to retake GCSE maths and English.</p> <p>In addition to these qualifications, you will also undertake a work placement, one day a week, throughout the duration of the course.</p>	 <p><b>Website:</b> <a href="http://archbishopholgates.org">archbishopholgates.org</a></p> <p><b>Email:</b> <a href="mailto:jkitney@ahs.pmat.academy">jkitney@ahs.pmat.academy</a></p> <p><b>Phone:</b> 01904 411341</p>

Specialist Provider	Contact Details
<p><b>Askham Bryan College</b></p> <p>Askham Bryan college is a mainstream further education establishment, offering all learners the opportunity to study a land-based pathway. We offer courses from Entry 2 right up to degree level for learners aged 16- 25 years.</p> <p>The Foundation Learning department offers a nurturing environment located in the heart of the campus. This allows for adaptive teaching opportunity for all pupils to experience success, by adapting lessons, whilst maintaining high expectations for all, so that all pupils have the opportunity to meet expectations.</p> <p>The department is home to well-qualified and experienced staff ensure learners follow study programmes including a full range of land-based routes offering progression to higher-level courses.</p> <p>Effective learning support ensures that learners develop the knowledge, skills and behaviours they need for further learning and preparation for adult hood. Learners develop employability skills through your vocational qualification and also have access to specialist work related resources in each curriculum area and the wider community.</p> <p>We have excellent links with local schools and a wide range of external agencies enabling a strong lead to excellent support for transition into college.</p>	 <p><b>Website:</b> <a href="http://askham-bryan.ac.uk">askham-bryan.ac.uk</a></p> <p><b>Email:</b> <a href="mailto:enquiries@askham-bryan.ac.uk">enquiries@askham-bryan.ac.uk</a></p> <p>or</p> <p><a href="mailto:inclusive.services@askham-bryan.ac.uk">inclusive.services@askham-bryan.ac.uk</a></p> <p><b>Phone:</b> 01904 772277</p>

Specialist Provider	Contact Details
<p><b>Blueberry Academy</b></p> <p>Specialist support for you if you have learning differences, autism, social, emotional and mental health needs and/ or other disabilities. Blueberry provides Personalised Learning Programmes in Preparation for Adulthood (PFA), supporting you to develop greater independence and employability. Personalised Learning PFA Programmes are usually for 2 years and include Functional Skills, Independent Living Skills, Employability Skills, Citizenship and Wellbeing and supported work experience. Programmes can also include sessions such as weekly visits to David Lloyd gym, bike maintenance, cycling, arts and crafts, woodwork, IT projects and participation in a wide range of activities in the local community.</p> <p>Blueberry has “in-house” supported work experiences in the Pop Up Shop, Crafts Workshop, Community Enterprise and Garden Care Team. Blueberry works in partnership with local employers to offer work placements in a range of sectors including retail, catering, hospitality, administration and IT. You are supported by a job coach to work as independently as possible.</p> <p>The Blueberry team aims to support you to plan for your future. You are encouraged to aspire to employment, maintain volunteering opportunities, be part of the local community and continue with a routine of healthy and positive social and leisure activities beyond education.</p> <p>Blueberry also offers a range of Blueberry Social Clubs and activities for you when on programme.</p> <p>You have an allocated Information, Advice and Guidance worker to help you achieve your goals and support personal development.</p> <p>Some students progress to a 3rd year supported internship. This is a 1 year education programme with a clear goal of paid employment. You spend a minimum of 2 days a week with an employer and continue with Blueberry education for 1 or 2 days a week in Functional Skills and Employability. A Blueberry job coach provides you with support in the workplace.</p> <p>Some students progress to Blueberry Supported Employment service, through Social Care, where you can continue to develop employability skills through work experience.</p>	 <p><b>Website:</b> <a href="http://blueberryacademy.co.uk">blueberryacademy.co.uk</a></p> <p><b>Email:</b> <a href="mailto:info@blueberryacademy.co.uk">info@blueberryacademy.co.uk</a></p> <p><b>Phone:</b> 01904 638885</p>



Specialist Provider	Contact Details
<p><b>Choose 2 Youth</b></p> <p>A personalised learning programme that supports young people with disabilities and additional needs. We will support you to build on your skills and knowledge to become as independent as possible through personal and social development. This will prepare you for adult life and work options.</p> <p>Our Independence and Life Skills programme usually runs for 2 years and includes functional skills, employability, independent living, good health, friends, relationships and community and enrichment sessions such as sport, art, music and volunteering.</p> <p>We have a small sensory room and provide rebound therapy if appropriate.</p> <p>We also offer an in-house work experience option working in one of our cafés.</p>	 <p><b>Website:</b> <a href="http://choose2youth.co.uk">choose2youth.co.uk</a></p> <p><b>Email:</b> <a href="mailto:office@choose2youth.co.uk">office@choose2youth.co.uk</a></p> <p><b>Phone:</b> 07933 115448</p>

Specialist Provider	Contact Details
<p><b>NHSE Choices College</b></p> <p>NHSE Choices College (previously known as Project Choice) is a one-year programme. You will do three 12 week placements during the year and you will spend up to 4 days in placement, with one day spent in the classroom completing employability skills, STEM sessions and functional skills maths and English. There is a possibility of a different placement each term.</p> <p>Some placements are in an NHS setting and some are in the community. You are allocated a workplace mentor along with the coordinator. You won't get paid but will develop useful work-related skills and be more ready to move into paid work at the end of the programme.</p> <p>During the employability sessions, we also look at building/ updating your CV, practicing interview skills and job searching.</p>	  <p><b>Website:</b>  <a href="http://hee.nhs.uk/our-work/project-choice-supported-internships">hee.nhs.uk/our-work/project-choice-supported-internships</a></p> <p><b>Email:</b>  <a href="mailto:Melanie.slater@hee.nhs.uk">Melanie.slater@hee.nhs.uk</a>  or <a href="mailto:Louise.crawford@hee.nhs.uk">Louise.crawford@hee.nhs.uk</a></p> <p><b>Phone:</b> 07766 257914 (Mel)</p>

Specialist Provider	Contact Details
<p><b>Pinc College</b></p> <p>We are a specialist college for creative education and we focus on art design and craft. Our provision is for neuro-diverse students and we prioritise well-being.</p> <p>If you have additional/high needs we can support you with routes to wellbeing, attainment, sustained engagement and employment.</p> <p>Our full-time programme can be delivered over 1 or 2 years and includes access to level 2 and 3 qualifications and work experience. We also deliver functional skills support for English and maths where needed. We tailor our programmes to meet your aspirations and work in small learning groups (no more than 8).</p> <p>Our third year 'Pathways' programme focuses on internship placements and next steps.</p>	 <p><b>Website:</b>  <a href="http://pinccollege.co.uk/post-16-prospectus">pinccollege.co.uk/post-16-prospectus</a></p> <p><b>Email:</b>  <a href="mailto:connect@pinccollege.co.uk">connect@pinccollege.co.uk</a></p> <p><b>Phone:</b> 0161 6670910</p>

Specialist Provider	Contact Details
<p><b>Prospects (part of Shaw Trust)</b></p> <p>A supported internship is a study programme for you if you are aged 16 to 24 who have an Education, Health and Care Plan (EHCP) and want to move into employment but need some extra support.</p> <p>An internship usually lasts for a year, with the opportunity to complete three different placements. Supported internships give you an opportunity to take your first steps into the world of employment, build skills in the workplace, gain qualifications and get a paid job.</p> <p>The internships offer a unique mix of education and job coaching in a range of different roles, including retail, hospitality, catering, customer care, admin, gardening etc. Other placements can also be found to cover other career areas.</p> <p>Support from a Job Coach is provided to help develop your skills for the workplace and prepare you for moving into paid employment.</p> <p>We offer a Gateway Progression award, the opportunity to study towards Functional Skills English and maths from Entry Level to Level 2 if required and other vocational qualifications can also be offered.</p> <p>Job Coaches continue to offer support to look for paid employment after the programme ends and ensure you are settled with your new employer.</p>	 <p><b>shaw trust</b></p> <p><b>Website:</b> <a href="http://shawtrust.org.uk">shawtrust.org.uk</a></p> <p><b>Email:</b> <a href="mailto:Nicola.brown@prospects.co.uk">Nicola.brown@prospects.co.uk</a></p> <p><b>Phone:</b> 07584 270348</p>



Specialist Provider	Contact Details
<p><b>RISE</b></p> <p>We can support you if you are aged 16 or over, if you are not in education, employment or training (NEET) or if you are aged 19, looking for work and not claiming work related benefits. We have several partners delivering on this project. Locally this programme is delivered by York Learning.</p> <p>The Rise programme can help you to:</p> <ul style="list-style-type: none"> <li>• understand and improve your own skills</li> <li>• build your confidence</li> <li>• recognise your transferable skills and qualities</li> <li>• make effective job searches and apply for jobs</li> <li>• gain and sustain employment</li> </ul> <p>Eligibility rules apply. Individuals who are not eligible for RISE can still access short term support from York Learning’s career advice team, so please contact us.</p> <p><a href="mailto:York.learning@york.gov.uk">York.learning@york.gov.uk</a>; 01904 554277;  <a href="http://yorklearning.org.uk">yorklearning.org.uk</a></p>	<div data-bbox="1114 1126 1385 1220" data-label="Image"> </div> <p><b>Website:</b>  <a href="http://Yorklearning.org.uk">Yorklearning.org.uk</a></p> <p><b>Email:</b>  <a href="mailto:York.learning@york.gov.uk">York.learning@york.gov.uk</a></p> <p><b>Phone:</b> 01904 554277</p> <div data-bbox="1070 1563 1458 1682" data-label="Image"> </div> <p><b>Website:</b>  <a href="http://betterconnect.org.uk">betterconnect.org.uk</a></p>

Specialist Provider	Contact Details
<p><b>Routes 2 Success (York Learning)</b></p> <p><b>16-18 and not sure what you want to do next? Do you feel that College or an Apprenticeship isn't for you?</b></p> <p>If you are a young person with or without an EHCP, looking for your next steps in education, Routes 2 Success will enable you to move into adulthood with confidence and resilience.</p> <p>Routes 2 Success is a one-year programme for a minimum of 3 days per week. You will study English and maths as well as a City &amp; Guilds qualification in Employability skills, getting you ready for the world of work.</p> <p>There is a dedicated personal and social development curriculum to support you to develop your confidence and resilience as you move on into adulthood.</p> <p>You will have the opportunity to participate in a work placement or work tasters which can be for one day a week or for shorter periods to meet your needs. Classroom study is in small groups with a variety of projects and enrichment activities to equip you for independence and to engage and motivate you to succeed. Additional support requirements which can be met through our dedicated learner support team.</p>	<p><b>Routes 2 Success</b></p>  <p><b>Website:</b>  <a href="http://yorklearning.org.uk/learning-for-everyone/routes-2-success">yorklearning.org.uk/learning-for-everyone/routes-2-success</a></p> <p><b>Email:</b>  <a href="mailto:sarah.robson@york.gov.uk">sarah.robson@york.gov.uk</a>  or  <a href="mailto:alison.thorne@york.gov.uk">alison.thorne@york.gov.uk</a></p> <p><b>Phone:</b> 01904 551056</p>

Specialist Provider	Contact Details
<p><b>Smart-Ways (Tang Hall SMART CIC)</b></p> <p>Smart-Ways is for you if you enjoy music, art, drama, dance or sport and you want to either work in related industries one day, or even progress to university.</p> <p><b>Level 1</b></p> <p>We offer a combined programme of music, drama, dance, art and sport. You can access the programme if you are working at entry levels of literacy and numeracy, providing you are enthusiastic.</p> <p><b>Level 2</b></p> <p>Our Level 2 Creative Diploma offers a chance to study some or all of music, dance, drama, and art, and is equivalent of 4/5 GCSE grades.</p> <p><b>Level 3</b></p> <p>For you if you have already built-up considerable skill in music or art, we can offer you the chance to study a full Level 3 Diploma in our supportive and stimulating environment. This is worth 3 A levels and is an acceptable entrance-qualification for many universities.</p> <p>Once you have attained your qualification, there is an option to gain music or arts-industry employability skills on our supported internship programme and to benefit from a range of in-house and external work placements. We have set up a charity (Tang Hall Employment), that can support our supported interns into your first paid employment.</p> <p>There are opportunities to get involved in our many concerts and events, and to be part of a friendly and supportive community, where everyone is welcome, and your individuality is celebrated.</p>	 <p><b>Website:</b> <a href="http://tanghallsmart.com">tanghallsmart.com</a></p> <p><b>Email:</b> <a href="mailto:sue@tanghallsmart.com">sue@tanghallsmart.com</a></p> <p><b>Phone:</b> 07725 997342</p>

Specialist Provider	Contact Details
<p><b>The Toolbox Project</b></p> <p>The Toolbox Project works alongside schools and organisations to help supplement and enrich a student's timetable by allowing you a little time out of school and go to a mechanical workshop setting.</p> <p>We provide access to work based learning working on bicycle, motorcycle and car or anything really with wheels and an engine. You will learn from the very basics right through to engine strip downs and re builds.</p> <p>You usually attend once or twice a week fitting in to the session times of 9am till 12pm or 12pm till 3pm.</p>	 <p><b>Website:</b>  <a href="https://facebook.com/TheToolBoxProject">facebook.com/TheToolBoxProject</a></p> <p><b>Email:</b>  <a href="mailto:info@thetoolboxproject.co.uk">info@thetoolboxproject.co.uk</a></p> <p><b>Phone:</b> 01904 758157</p>

Specialist Provider	Contact Details
<p><b>United Response</b></p> <p>At United Response we offer supported internships within hospitality, retail, video production, media and entrepreneurship.</p> <p>All of our internships include preparation for adulthood, independence skills and functional skills maths and English.</p> <p>Our programmes are generally two years in duration and during this time you will be based either at Café West (at City of York Council) or at our media hub on North Street.</p> <p>In the second year we will work with you to focus on employment placements and being work ready.</p> <p>Our internships are bespoke to meet your needs.</p>	 <p><b>Website:</b>  <a href="https://unitedresponse.org.uk/support-area/york-easingwold">unitedresponse.org.uk/support-area/york-easingwold</a></p> <p><b>Email:</b> <a href="mailto:Simon.copper@unitedresponse.org.uk">Simon.copper@unitedresponse.org.uk</a></p> <p><b>Phone:</b> 07949 962560</p>

Specialist Provider	Contact Details
<p><b>York College (FE/HE college)</b></p> <p>York College aims to ensure that if you have learning difficulties and/or disabilities you are able to enrol on your chosen course, from Entry Level to Level 3, including A Levels and T Levels; as well as higher education courses (if entry criteria is met).</p> <p>The Pathways to Work and Independent Living course is ideal for students working at Entry Level 2, Entry Level 3 and Level 1 who may require a personalised approach to learning designed to meet individual needs. The programme is supported with a high ratio of staff to students and is delivered through a combination of theory, practical sessions, visits, speakers, and work placements. Each individual course lasts one year, and you may be entered for Entry 2, Entry 3, or Level 1 at the start of your time at college, depending on ability and prior achievements. You will study a range of units to develop skills that prepare you for both work and living independently.</p> <p>We focus on helping you to prepare for adult life and develop the skills and confidence to achieve progression to other courses, Supported Internships and work. The programme also encourages you to develop personal, social and communication skills, offering an excellent opportunity to belong to a small, supportive group of students within the context of the wider college setting. You will study English and maths at a level suitable for your needs, including working towards an award where appropriate. Progression onto GCSE English and maths is available for some students which includes joining classes in the wider college community to access. You will also undertake a work placement one day a week for a term. This can be either supported 1:1 or undertaken with support from staff who visit you regularly.</p> <p>The <b>White Rose Building</b> is off site provision based opposite the college. You will work towards a Level 2 Princes Trust qualification in personal development and for those at Level 3, an Extended Project qualification. This creates a high degree of personalisation and private study, allowing for a fully differentiated approach. You will be involved in community projects and retake GCSE English and maths if you haven't achieved a grade 4.</p>	 <p><b>Website:</b> <a href="http://yorkcollege.ac.uk">yorkcollege.ac.uk</a></p> <p><b>Email:</b> <a href="mailto:gthomas@yorkcollege.ac.uk">gthomas@yorkcollege.ac.uk</a></p> <p><b>Phone:</b> 01904 770428</p>

To access Level 3 provision, you must have achieved a grade 4 or above in English and maths. The White Rose Building provision is staffed by teachers delivering the learning programmes and acting as key workers. There are opportunities to create gradual exposure to post-16 settings during the year and to liaise with and support therapeutic interventions.



# Further Support

There are additional programmes of support available for specific schools/groups. This may include York Career Ready and Inspiring Choices.



## York Career Ready

This is a structured, employer led careers programme for a small cohort of sixth form students looking to stay local and enter the world of working upon completing sixth form. The aim is to increase your employability through a series of engagements with businesses and industry professionals, making a difference when it comes to finding employment, an apprenticeship or training. The programme includes a series of masterclasses, 1:1 mentoring, workplace visits and a work placement.

For more information, visit the [Post 16 Programme](#).

## Inspiring Choices

Inspiring Choices is part of the UniConnect programme funded by the Office for Students. This includes resources and support specifically for young people from a military service background, care experienced young people and gypsy roma and traveller young people. It delivers impartial careers information, advice and guidance about further and higher education available to you across York and North Yorkshire. You will find a range of resources designed to support you navigating school, further education and higher education.

There are also resources for your parents/ carers to enable them to support you to make your decisions about your future.

For more information, visit [inspiring-choices.co.uk](http://inspiring-choices.co.uk)

To find out what is available for you please check with your Careers Adviser in school.



# General Help



## [Career Map](#)

Up to date labour market information and career support on apprenticeships, courses and graduate programmes. There is also a career for parents and carers to enable them to help you.

## [Career Pilot](#)

All the information and tools you need to explore your future careers, including quizzes to find out what suits you, to search for courses and jobs and to help plan your next steps.

## [Apprenticeships, 14 to 19 education and training for work - GOV.UK](#)

Information on education and training options, including apprenticeships and the 16 to 19 bursary fund

## [Barclays Life Skills](#)

A range of interactive tools, films and activities to support development

## [National Careers Service](#)

Careers information, advice and guidance

Phone: 0800 100 900\*

Personalised, up-to-date impartial information, advice and guidance on careers, skills and the labour market for you and your parents/carers to support your decision making about learning and work. They can help you:

- Explore your career options and aspirations
- Understand the local job market
- Develop or enhance your CV and job searching skills
- Identify local volunteering opportunities
- Apply for training and online learning
- Review your skills and identify skills you might need in the future.

\*Webchat and telephone lines are open Monday to Friday, 8am to 8pm and Saturday, 10am to 5pm

## [Not Going to Uni](#)

Apply for national employment and training opportunities including apprenticeships.

## [Success at School](#)

A careers website for you to explore careers, get the lowdown on top employers and search for the latest jobs, courses and advice.

## [Talking Futures](#)

Talking Futures is a resource created to help parents and carers have informed and constructive conversations with you about the different training and education pathways available.

## [York Learning](#)

A one-off careers advice appointment with a specialist advisor, to help you to identify your skills and learning options available (currently available for 18+ only). They will also advise you in how to create an outstanding CV and a strong action plan, so you're ready to apply for the job you want.

## [Youth Employment](#)

Expert careers advice for parents who want to support you to think about your career and future options.

## **Apprenticeships**

### [Amazing Apprenticeships](#)

Monthly Parents and Carers' pack on apprenticeships.

### [GOV.UK Apprenticeships](#)

To search and apply for apprenticeships. You can create an account to manage your applications and get alerts about new apprenticeships.

### [York Apprenticeships](#)

General information on apprenticeships in York, how they work, what opportunities are available and how to apply. Also contains links to various resources.

### [Yorkshire Apprenticeship Service](#)

A portal dedicated to supporting the targeting, engaging and promotion of apprenticeships (website currently in development – due to launch autumn 2023). This also includes provider directory to learn more about what apprenticeships involve and what training providers are available in the local area.

## **T Levels**

### [GOV.UK T-Levels](#)

Information on the T Level programme and there are links to resources including case studies and information for parents and carers.

## **Volunteering**

### [Do IT](#)

Search for volunteering opportunities available locally and from home. Opportunities can be both short and longer term.

### [Vinspired](#)

Information on opportunities available to volunteer locally, home-based and internationally.

### [We Are NCS](#)

Details on opportunities available via the National Citizen Service programme  
0800 197 8010 (National Citizen Service)



## Employment

### [Get My First Job](#)

Find apprenticeships, degree apprenticeships, work experience and graduate opportunities.

### [GOV.UK Working](#)

Wide range of advice on employment and rights relating to it

### [TUC Know your rights | Young people at work](#)

A TUC guide to rights for 16 and 17 year olds in the workplace

## Higher Education

### [Discover Uni](#)

Search and compare undergraduate courses in the UK

### [Student Finance](#)

All aspects of student finance including an estimate calculator and how to apply

### [Inspiring Choices](#)

Resources designed to support you as you navigate school, further education and higher education. There are also parent/carer resources to help them to support you in making your decisions for the future

### [Office for Students](#)

Official website to help compare information on universities

### [The Complete University Guide](#)

Advice for parents and carers on how they can prepare you for starting university

### [The Uni Guide](#)

Information and advice on what to study, where to go and how to get there. Keeping you on track with the right advice when you need it

### [UCAS](#)

Information about courses, institutions, tuition fees, application procedures, deadlines and clearing. There is also a quiz to help you find your ideal job matched to your personality type: [Take The UCAS Careers Quiz](#)

### [York Local Offer - Care Leavers](#)

Higher Education bursary and support available for care leavers

# Useful contacts for young people with SEN or an EHCP

## Adult Social Care workers

Contact 01904 555111 to make a referral

## Choose 2 Youth

A youth club for you if you have additional needs from secondary school age to 25 years

## Jobcentre

Disability Employment Advisers can advise benefit claimants on job seeking, training, new skills and government schemes. They can also tell you about local disability-friendly employers

## Preparing for Adulthood

The focus of our teams is to work with you and your parents/carers as you look towards your future. Teams include Specialist Learning & Employment Advisers, Social Workers from Adults and Children's Social Care, York Independent Living and Travel Skills (YILTS), SEN and colleagues in Children's and Adult Health.

Increasing independence, having access to friends and the community, being able to work and enjoying good health, is a life that everyone should be able to live.

Our teams work with colleagues across the Local Authority (LA) as well as within health and the voluntary sector and in our local communities to achieve this.

## York Special Educational Needs Service

Information on what's available in York for you and your parents/carers if you have SEND or an EHCP.

## Raise

Raise York is a new family hub website (previously known as YorOK). It is a network of people, places and online support. It supports you and your parents and carers with information from pregnancy to adulthood. You can expect a warm welcome in your local community and to be guided to the right support for you.

## Scope

A free careers advice service for you if you are aged 15-25 in England and Wales and you are disabled or have an impairment or condition.



## [SENDIASS](#)

Special Education Needs and Disability Information, Advice and Support Services (SENDIASS) provides information, advice and support to you and your parents/carers in relation to special educational needs and disability and related health and social care issues. The service is free and can be provided over the telephone, during home visits or through support at meetings.

## [SEN Co-ordination Team](#)

SEN designated officers - the team who update, approve and administer the EHCP

## [Sport and Active Leisure](#)

If you have a disability or additional needs, we can help you achieve your recommended 150 minutes of physical activity per week to boost your health and happiness. We offer a wide variety of sports and activities, including goalball, boccia, wheelchair basketball and cycling on adapted bikes.

## [York SEND Local Offer](#)

This is a city-wide partnership approach to provide the local offer for York. It provides information for you and your parents/carers if you have special educational needs.



## [Leisure and Play](#)

There are many leisure and community activities in York that you can take part in. For example there are sports and outdoor clubs and sessions, art and creative groups, youth clubs including an Inclusive Duke of Edinburgh group

### [Yiksaaa](#)

A dedicated site to All Things Autism in York, including autism clubs, Holiday clubs and training for parents. YIKS is part of York Inspirational Kids.

## [Live Well York](#)

As you move towards adulthood, this website has information on local leisure and social activities.

## [Local Area Coordinators](#)

Local Area Coordinators help you stay safe, well, independent and connected to your local community by:

- helping raise awareness of available resources
- providing links to local services
- supporting people with a wide range of issues
- developing resilience and social inclusion in communities

Local Area Coordinators work with individuals and families of all ages and abilities. They take time to get to know you, your family, friends, carers and your community, so they can help you to build a strong support network.



# Financial Support

## 16–19 Bursary Fund and apprenticeship bursary for care leavers up to the age of 25

Depending on your family circumstances and what you choose to do, there may be extra financial support to help you continue in full-time education and other training programmes. You may need some financial support to help stay in publicly funded education or training after 16 through to the age of 19 and you can apply to your intended school sixth form, college or training provider for support from this fund:

- Those most in need could be eligible for a bursary of £1,200 a year. These include you if you are in care, you are a care leaver, you receive income support (or Universal Credit in your own name) and if you are disabled and receiving both Employment Support Allowance (or Universal Credit in your own right) and Disability Living Allowance (or Personal Independence Payment).
- A bursary of £3,000 is available to you if you are in care and/or are an eligible care leaver (up to the age of 25) if you start an apprenticeship. It is payable in instalments over the first year of your apprenticeship.
- Other students facing financial difficulties may also be able to apply for a bursary to help with costs of transport, equipment or other participation and/or course-related costs. Awards are made to individual students on a case-by-case basis according to assessed need and funding availability.

Your provider will decide how you get your bursary. You might be paid in full or in instalments, or more typically payments are made 'in kind' for travel passes, free meals and/or to pay for books. For more information visit [GOV.UK 16-19 bursary fund](https://www.gov.uk/guidance/16-19-bursary-fund).

## Care to Learn

If you are the main parent or carer for your child and under 20 years old at the time you start your course, Care to Learn provides financial support (up to £180 per week per child) which can be used to help pay for childcare, place holding over summer and related travel costs while you remain in learning. Care to Learn is available for a variety of courses, full and part-time and is paid direct to the Ofsted registered childminder or nursery. Payments for your travel expenses are made to the education provider who will either reimburse you or make arrangements for your travel. More details on this scheme will be available from the intended school sixth form, college or training provider. For more information and to apply visit [GOV.UK care to learn](https://www.gov.uk/guidance/care-to-learn).

## Higher Education bursary and support for care leavers

There is support available to you if you are care experienced and are looking to progress to higher education. This includes a bursary of £2,000 to help with the costs of books and materials and there is also support to pay for accommodation costs. For more information on the full offer visit [Care Leavers support for Higher Education](#).

## Child Benefit and Child Tax Credits

If you continue in education, your parents/carers should be able to continue claiming Child Benefit and any Child Tax Credits that they are entitled to until you turn 20. If you leave education but return before your 19th birthday, they can start claiming again until you turn 20. If you are already 19, you need to have either started the course or been enrolled or accepted on it by your 19th birthday. For more information visit [GOV.UK child benefit](#) and [GOV.UK child tax credit](#). Household/parental benefits may be affected if you take up employment, including an apprenticeship.

The financial support that is available to parents and carers to help with the cost of childcare is increasing. These include major changes to make it easier for parents and carers with childcare responsibilities to move into or take on more paid work. Starting from April 2024, existing childcare support will be expanded in phases. By September 2025, working parents with children aged 9 months old to when they start school will be eligible for 30 hours childcare support.

For more information, visit [childcarechoices.gov.uk](https://childcarechoices.gov.uk).

## Help with transport

There are various schemes to help with the cost of your transport to college or sixth form, provided certain conditions are met.

If your family is on a low income and you live over three miles from the institution, you may be entitled to a free bus pass. You may also apply for assistance as an independent student without regard to parent/carers' income according to set criteria. Students with any special needs that require assistance with transport will be assessed on an individual basis. For full information visit [Transport to school or college](#). Individual institutions may also be able to provide help with transport. See their websites and literature for further information.

## Help with transport if you have an EHCP

If you have an EHCP you may be entitled to further support with travel such as a place in a taxi or a Personal Travel Budget. You will need to visit [York School Transport](#) for details of how to apply and you will need to apply for each year you remain in education.

York Independent Living and Travel Skills (YILTS) offers travel training and can assess your travel skills if you are aged 11-25 years old and currently access City of York Council funded transport.

YILTS supports you to understand timetables, plan routes, become familiar with being out and about, and understand what to do if something unexpected happens. You may be asked to undergo a practical assessment to determine your longer term need for transport support.

YILTS also receive referrals from a range of professionals, parents and young people. Training is provided at a time that is right for you and YILTS staff attend EHCP meetings in school to help agree travel plans, e.g. as you move on from school or college.

For more information, visit [raiseyork.co.uk](http://raiseyork.co.uk)



## Free meals

The free meals entitlement covers school sixth forms, colleges and some other post-16 provision. To be eligible, a young person needs to have an EHCP, or meet criteria relating to receipt of benefits. Please speak to your school, college or training provider for further details.



## Other support and help

There are different sources of support available, see [pages 54-62](#) of this guide.

# Abbreviations

## Acronyms

BTEC	Business and Technology Education Council
CV	Curriculum Vitae
DSA	Disabled Students' Allowance
EHCP	Education, Health and Care Plan
EPA	End Point Assessment
FE	Further Education
GBC	Good Business Charter
GCSE	General Certificate of Secondary Education
HE	Higher Education
HNC/HND	Higher National Certificate/Diploma
IoT	Institute of Technology
IT	Information Technology
ICT	Information and Communication Technology
LA	Local Authority
NCS	National Citizen Service
NHS	National Health Service
NVQ	National Vocational Qualification
NEET	Not in Education, Employment or Training
PFA	Preparation for Adulthood
PSHE	Personal, Social, Health and Economic
SEN	Special Educational Needs
SEND	Special Educational Needs and Disabilities
SME	Small and medium-sized enterprises
STEM	Science, Technology, Engineering and Maths
TUC	Trade Union Congress
UCAS	Universities and Colleges Admissions Service
YIKS	York Inspirational Kids
YILTS	York Independent Living and Travel Skills



## About this booklet

This booklet was written by City of York Council's Skills Team.

We value your feedback. If you would like to share your thoughts about this publication, please email [skills@york.gov.uk](mailto:skills@york.gov.uk).

If you would like any additional information or would like to review this information in an accessible format, for example an electronic copy, in large print, Braille, or on CD, please email [skills@york.gov.uk](mailto:skills@york.gov.uk).

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**Raise York**  
Your Family Hub Network

