

Have a plan

Getting Prepared - Check list

- Find out what local risks may affect you (e.g. flooding)
Then register for alerts & fit protective measures, if available.
- Know where & how to safely turn off utilities:
Electricity.....
Water.....
Gas.....
- Do you have valid building & contents insurance?
- Do you have smoke & carbon monoxide detectors fitted & test them regularly? #testittuesday
- Prepare/pre-plan escape routes from your house and teach all householders.
- Ask your parish/town council if your community has an emergency plan
- Ensure this plan is complete in advance

*Make a plan
Complete this
template with
all household
members*



Prepared

Have a kit

Grab bag contents - check list

It is recommended that you put together an emergency grab bag in case of evacuation or being stranded in your home.

Location of Grab Bag

It would be useful if it contained the following:-

- | | |
|--|--|
| <input type="checkbox"/> Copy of this plan | <input type="checkbox"/> First Aid Kit |
| <input type="checkbox"/> Prescription medicines | <input type="checkbox"/> Torch & batteries/wind up |
| <input type="checkbox"/> Radio & batteries/wind up | <input type="checkbox"/> Phone charger/wind up |
| <input type="checkbox"/> Bottled water | <input type="checkbox"/> Long life food & snacks |
| <input type="checkbox"/> Spare keys (car & house) | <input type="checkbox"/> Toiletries |
| <input type="checkbox"/> Pencil & Paper | <input type="checkbox"/> Penknife |
| <input type="checkbox"/> Whistle | <input type="checkbox"/> Blanket |
| <input type="checkbox"/> Cash | <input type="checkbox"/> Spare spectacles or contacts |
| <input type="checkbox"/> Key documents - ID, insurance | <input type="checkbox"/> Warm spare clothes/waterproof |

If required:-

- Pet food
- Children's toy(s)
- Water (at least five litres per person)

Handy items to have at home

- Fire extinguisher
- Alternative cooking equipment eg BBQ
- Baby food/nappies

Things to keep in your car - a smaller bag for if going on long journeys or driving in bad weather conditions

- | | |
|--|--|
| <input type="checkbox"/> Ice scraper | <input type="checkbox"/> De-icer |
| <input type="checkbox"/> Snow shovel | <input type="checkbox"/> Map |
| <input type="checkbox"/> First Aid kit | <input type="checkbox"/> Wind up torch/radio/phone charger (spare batteries) |
| <input type="checkbox"/> Blanket | |
| <input type="checkbox"/> Warm spare clothes/waterproof | |

Maintaining your supplies

Regularly check your Grab Bag to ensure food, water and batteries are fit for purpose.

If storing your own water ensure you sterilize all containers first.

Preparing a bag in advance can save you time in an emergency

Prepared Household Emergency Plan



Stay informed

In major emergency situations, it may be necessary to issue warnings and advice to the public. Such messages would normally be broadcast via relevant media Channels.

During an emergency information is key. Make sure you know where to find updates and information.

- Have you tuned into local radio?
- Do you know which social media accounts to check?
- Sign up for flood warnings
- Sign up for weather warnings
- Register with utility companies if you may require extra assistance.

Follow the twitter accounts below for warning, informing, advice, guidance and updates

@NYorksPrepared	@HBCPrepared	@YorkPrepared
@NorthYorkshireFire	@NYorksPolice	@YorksAmbulance
@NGNGas	@MetofficeYorks	@Northpowergrid
@EnvAgencyYNE	@YWhelp	

RESPONDING TO AN INCIDENT

Ensure you are not in danger. If an emergency occurs dial 999 – follow instructions

Generally if the danger is outside (If it is safe to do so)

GO IN – find a safe place of shelter

STAY IN – until told what to do next; and

TUNE IN – check local radio, TV and social media for info, advice and updates.

If the danger is inside Get out, stay out and call emergency services

Contact all householders

Name	Mobile number

Do children need picking up?

The following person can collect children from school

Name	Mobile number

Do you need to activate alternate accommodations?

If we cannot get home or contact each other we will leave a message with

Name	Mobile number

If we cannot get home we can meet/stay at – near home

Name /Location

...further away

Name /Location

If safe to do so turn off utilities: locations detailed in the 'Getting Prepared - check list'

If required, and safe to do so, install protection measures eg flood doors

If evacuating collect grab bag & inform householders of situation and relocation

Have you checked on family and/or neighbours who may need assistance? Or do you need assistance? Vulnerable neighbours who may need assistance during an emergency?

Name	Mobile number

If vulnerable - Who can you call for assistance?

Name	Mobile number

Key contacts/websites

Complete specific details for your household

Also store these details on your mobile as well as keeping this paper copy

POLICE	999 or 101 non-emergency	GAS - National Gas	0800 111 999
FIRE	999	WATER Yorkshire Water	0345 1 24 24 24
AMBULANCE	999 or 111 non-emergency	ELECTRICITY Northern PowerGrid	0800 375 675
LOCAL AUTHORITY		MEDICAL CENTRE	0800 375 675
ENVIRONMENT AGENCY FLOODLINE	0345 988 1188 + quick dial no	SCHOOL	
PARISH COUNCIL		VET/KENNEL/CATTERY	
INSURANCE + policy number		ADDITIONAL NUMBERS	

NORTH YORKSHIRE LOCAL RESILIENCE FORUM Find all things emergency planning and links to partner websites including signing up to utility companies priority service etc, and much more	www.emergencynorthyorks.gov.uk
ENVIRONMENT AGENCY	www.gov.uk/check-if-youre-at-risk-of-flooding
MET OFFICE	www.metoffice.gov.uk/services/weather

Local Radio	Frequency