

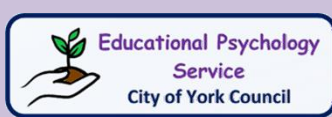
# York Educational Psychology Service

## Traded Services Brochure

2024-2025



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# What Do We Offer?

York Educational Psychology Service works in partnership with schools, settings, and other providers of education and care.

We specialise in applying psychological principles to meet the educational, developmental, social and emotional needs of all children and young people.

## Service features

The Educational Psychology Service provides core Local Authority services to schools and settings using a time allocation model. Alongside this, we also offer a range of traded services and products that schools and other customers can purchase. These include:

- Training
- Supervision
- Solution-focused consultation
- Support in developing and implementing strategic models at a whole-setting level
- Individual casework.

This brochure outlines some of the training we are able to provide as a service. However, we may also be able to offer bespoke training packages designed specifically to meet your individual needs.

**If you are an educational setting within the City of York Local Authority and interested in purchasing or receiving further information about traded services, please contact your allocated Educational Psychologist for further information.**

**Other interested parties can use the contact details at the end of this brochure.**

# Examples of Training We Offer

## Our most popular training

The training most requested by schools and settings includes:

### **Attachment Based Needs and Developmental Trauma (3 hours 20 mins, £330)**

This training considers how attachment difficulties begin and how they can present, how attachment difficulties affect learning, education and social development, and how staff can support children and young people with attachment difficulties.

### **Emotion Coaching (6 hours 30 mins, £600)**

Emotion Coaching is an evidence-based, universal approach to help staff to support children and young people to self-regulate their emotions and behaviour, improving competencies to manage difficult feelings. The training will explore how Emotion Coaching can be used to create an ethos of positive learning behaviour and aid staff confidence to de-escalate situations when behaviour is challenging.

### **Precision Teaching (1 hour 30 mins, £150)**

Precision Teaching is a method of teaching children new information in a way that is tailored specifically to their ability and knowledge base. It aims to develop fluency and accuracy and allows staff to track pupil progress in very small stages. This training provides a step-by-step guide to implementing Precision Teaching within your setting.

N.B. Some costs cited vary from those outlined on p.7 due to not charging for breaks.

## We also deliver training on...

- **Anti-Bullying**
- **Anxiety**
- **Attention and Concentration**
- **Autism and Supporting Autistic Learners**
- **Numeracy Difficulties**
- **Literacy Difficulties**
- **Introduction to Restorative Practices**
- **Loss and Bereavement**
- **Motivational Interviewing**
- **Nurturing Principles**
- **Peer Listening**
- **Self Esteem and Resilience**
- **Supporting Refugees and Asylum Seekers**
- **Trauma Informed Behaviour Policies and Approaches**
- **Understanding Anger**
- **Working Memory**

# Our Centralised Training

We offer centralised training on the following topics:

## Emotionally Based School Avoidance (EBSA) (3 hours)

This training aims to explore how to support children and young people who have difficulty attending school due to emotional factors (typically anxiety), potentially resulting in prolonged absence. This training is aimed at staff such as Pastoral Leaders, Inclusion Managers, SENCos and Heads of Year.

This consistently highly evaluated training focusses on psychological theory, underpinning factors, assessment, action planning, support and intervention.

## Emotional Literacy Support Assistant (ELSA) Training (6 days plus a year of supervision) Costs £500, £450 for York maintained schools

ELSA training is generally aimed at teaching assistants/pastoral staff and provides in-depth training on supporting the emotional wellbeing of children and young people. It takes place annually, usually in the spring term.

The course is consistently strongly impactful and is very positively evaluated by participants

ELSA training focuses on emotional literacy, building resilience, managing strong emotions, loss and bereavement, active listening and reflective conversations, autism and friendships.

The charge for ELSA supervision is £150 per year (six sessions), but only £120 for ELSAs employed in York maintained schools

Centralised training is offered subject to capacity within the Educational Psychology Service, and is advertised through [MyLO](#).

# Feedback Examples

*“Thank you so much, this was so enlightening and thought provoking”*  
**(Attachment and Trauma)**

*“I have loved the whole course and have learned so much, thank you”*  
**(ELSA)**

*“Thank you -a very practical, relevant course...very interesting and informative”*  
**(Emotion Coaching)**

*“Very interesting and thought provoking. Thank you!”* **(EBSA)**

*“It is really useful to have a different and clear approach to apply going forward. It is broken down well and I really like the aspect of involving the child throughout”*  
**(Precision Teaching)**

# Costs

Typical costs of purchasing training from the Educational Psychology Service are as follows:

Session	Time (approx.)	Cost
Full Day	6 hours	£600
Morning	3 hours	£300
Afternoon	3 hours	£300
Twilight	2 hours	£200

N.B. Costs above are per setting and include preparation time. They do not include the production of course materials e.g. handouts, which can be negotiated. Costs of training may vary from those above if there are over 30 attendees, or if bespoke content is requested.

City-wide courses will typically be charged at a rate of £25 per hour per delegate. Therefore, a place on a two hour twilight training would cost £50 per delegate. A minimum of 10 delegates per course is required for viability.

**Please note our cancellations policy as outlined on the Commissioning of Training form. A sliding scale of charges will apply depending upon the length of notice given.**

Charges for other services (including consultation, casework and supervision) will vary, but will typically be charged at £80 per hour.

## Contact Us

**Email: [educational.psychology@york.gov.uk](mailto:educational.psychology@york.gov.uk)**

**Phone: 01904 551 550**

**Write: West Offices, Station Rise, York, YO1 6GA**



This information can be provided in your own language.

我們也用您們的語言提供這個信息 (Cantonese)

Ta informacja może być dostarczona w twoim własnym języku. (Polish)

Bu bilgiyi kendi dilinizde almanız mümkündür. (Turkish)



01904 554320

If you would like this information in an accessible format (for example in large print, on CD or by email) or another language please telephone:

01904 554320

or email:

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