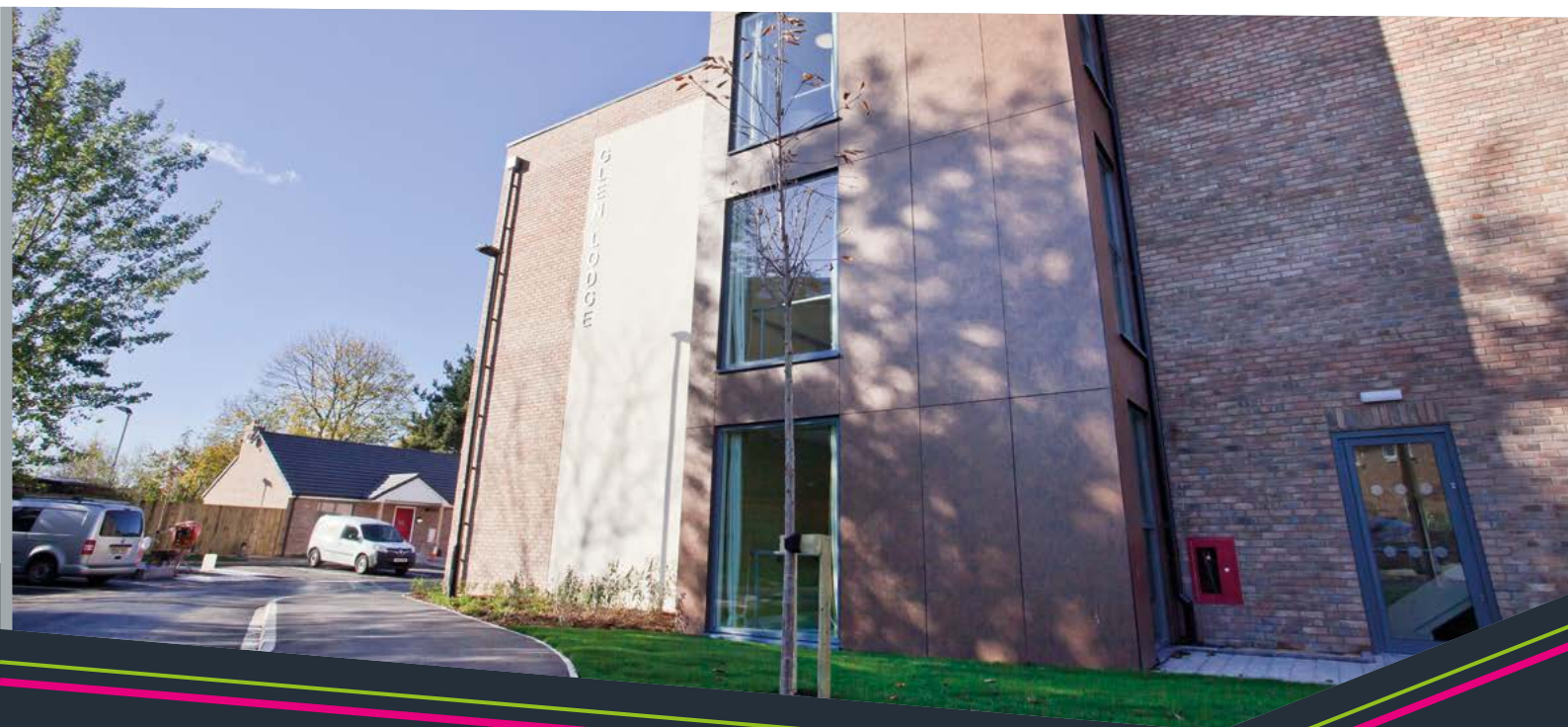


Live independently and well at Glen Lodge



Residents can enjoy life in our beautiful new apartments, designed to offer a home that's comfortable, safe and friendly.



We're delighted to offer high-quality and beautiful one-bedroomed apartments, for rent by eligible people aged 60 and over.

Location, location, location!

Glen Lodge offers the best of both worlds. You can continue to live independently with your own front door and have the freedom to come and go as you please. Yet you're in a safe and secure environment, providing peace of mind to yourself and loved ones.

You can be as independent in your own apartment or bungalow as you want to be; with the security and support of living within a larger community.

You can join in the regular social activities or choose not to, or have your own friends or family over to visit.

The choice is yours!



A choice of self-contained apartments and bungalows with bedroom, lounge and kitchen with space for a cooker, washing machine and fridge or fridge/freezer, plus bathroom – some with level access shower. All communal areas, apartments and bungalows are fitted with Tunstall intercom and pull cords. Each tenant is also provided with a pendant.



Glen Lodge is located in a pleasant green area, next to Glen Gardens, and just a few minutes' walk from local amenities.

There are local allotments, cafes, shops, churches and a local GP surgery a few minutes' walk away.

East Parade has very good bus routes to a variety of destinations, including the

city centre and railway station, and to Scarborough, Whitby and Leeds. For up-to-date information about travel options in York, see www.itravelyork.info/.

Heworth is a quiet, safe neighbourhood, which is an ideal location for accessing all of our city's wonderful amenities. Glen Lodge is just a short walk or bus journey from the city centre.



Fabulous facilities include:

- A number of dementia-friendly apartments
- Some apartments have balconies and/or views over the local park
- A large residents' lounge in the main building is attached to a fully-equipped communal kitchen. It's a great place to relax with family and friends or to use for celebrations, meetings, clubs or social activities – or just for a cup of tea and a chat
- A laundry available for all residents to use
- Three further communal lounges, two of which have rooftop terraces, so you can relax and socialise in comfortable surroundings
- Hairdressing facilities available onsite; appointments can be booked directly with the hairdresser
- A store with mobility scooter with charging facilities
- A guest room that residents can book for visitors to stay overnight
- Communal gardens for all to use and enjoy.

What our residents say:

“I've made friends, I feel secure and I join in with the activities. I have a whole new outlook on life; I've got everything I need.” – Jean.



“Living here has completely changed our lives. There's always someone here if we need them but we've got our independence. We can be together but have our own space. We meet on the balcony for a cuppa before breakfast. It's just amazing. We haven't looked back from the day we moved in. It's like a hotel and it's so quiet.” – Friends Liz and Chris.



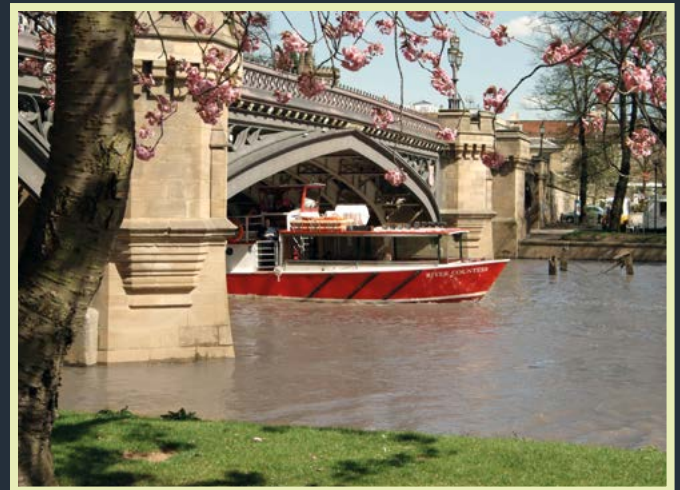
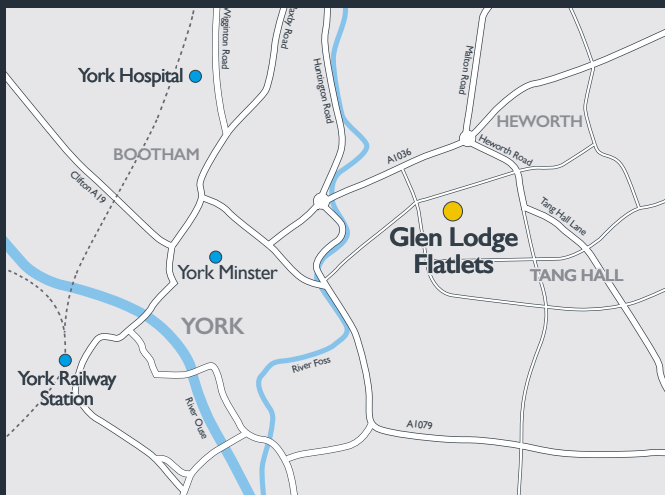
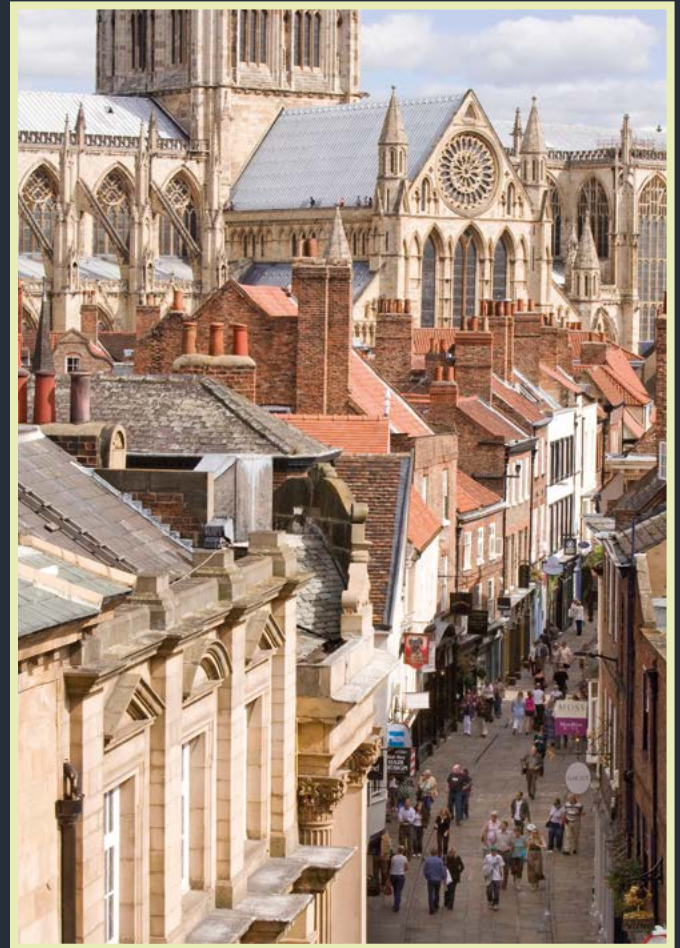
York

Regularly named one of the top places to live in the country by the Sunday Times, York is a vibrant city, rich in culture and heritage.

Historic buildings such as the beautiful York Minster are easily accessible, as are the museums and theatres and our famous racecourse.

You'll find cosy cafes or great restaurants and a wide variety of shopping at independent shops or high street favourites, as well as riverside walks and year-round events and festivals.

York is a compact city and you're never far from the beautiful surrounding countryside, including bustling market towns, the moors and the coast.



For more information:

Phone: 01904 554044

Email: ILCextracare@york.gov.uk

Visit: www.york.gov.uk/IndependentLiving

Glen Lodge is managed by



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