

Easy Read



Fact sheet 3 – How to get a Personal Budget?

	<p>As part of Self Directed Support you will be offered a Personal Budget. Your budget holds the money you will need to spend on services and support.</p>
	<p>The first step to getting a Personal Budget is to answer the questions within the Social Care Assessment. Your answers will help decide how much money will be given to you. Your Personal Budget will help you write your Support Plan.</p>
	<p>Your Personal Budget will give you control over planning your social care support.</p>

What happens next?

	<p>1. Find out how much money you will have in your Personal Budget.</p>
	<p>2. Think about how you would like to spend this money. Decide what is important to you.</p>
	<p>3. Decide what you need to help you to continue to live your life.</p>



4. Write down your decisions, choices and ideas.



5. Put all of this information into your Support Plan.

What if I don't agree with the amount of money in my Personal Budget?



Your Care Manager will look at your Support Plan. They will check that you are being given the correct amount of money to meet your care needs. Your Care Manager will make sure that your Personal Budget is fair.



For further information please look at the other Fact sheets in this series and our website:
www.york.gov.uk