






Easy Read



Fact Sheet 6 – Keeping Safe and Managing Risks







	<p>Your Personal Budget will give you greater choice, control and independence. This is good thing but there may be some risks involved. You will need to understand what kinds of risks there are. You will need to know about how to manage these risks.</p>
	<p>You will need to show your Care Manager that you understand about the risks involved.</p>

What may help you to stay safe and well?

	<p>When preparing your Support Plan you need to think about possible problems. Have you had problems before with some services and support before. Take some time to think about what could go wrong.</p>
	<p>Look at the list and discuss the questions with your family or your Care Manager.</p>
	<p>Is there a risk that you may fall?</p>

	<p>Do you need help when you are cooking or taking a bath?</p>
	<p>Are you able to contact someone in an emergency?</p>

Think about anything that may help to reduce risk – such as

	<p>Equipment - like a mobile phone</p>
	<p>Making changes to your home to make it safer</p>
	<p>Get the right training for the people supporting you</p>
	<p>Make sure you can contact someone in an emergency</p>



If you need any more help with keeping safe and managing risk ask your Care Manager for help.



For further information please look at the other Fact sheets in this series and our website:
www.york.gov.uk