



Age Friendly York

## Age Friendly York Meeting Notes

### Thursday 4 April 2024

Another good turnout and lively discussion at our Age Friendly York meeting yesterday.

#### 2. Guest speaker

A big thank you to our guests Shannon Cole and Kirsty Masters who led a presentation, discussion and quiz on domestic abuse.

One in six older people suffer from domestic abuse and this represents 1,000 people in York and North Yorkshire. It is therefore important that people know that domestic abuse can happen at any age. **Action** - We have contacted Dementia Forward to see if they have any specific guidance material or would like to attend a future meeting to discuss this topic.

**Action** - We asked for any specific breakdown of reported incidents of domestic abuse with older people in York by the type of abuse. We anticipate that there may be a higher proportion of financial abuse cases.

#### 3. Your views

It was noted that they were missing from the pack that was sent out. They will be covered in the next meeting.

#### 4. Proposed environmental action points

The initial action points were agreed. **Action** – to submit to Ageing Well Partnership

#### 5. International Day of Older People

Dianne talked through the significant progress being made in developing the event. A venue needed to be found and some suggestions were made by the group. They will now be looking for funding.

If you want to find out more or be involved in helping this happen, then the contact details are below:

- Andy Waites: 01904 933635 (AgeUK office hours)
- Diane Willcocks: 07850 111299 (York Older People's Assembly)
- Mary Cannon: 07920 162034 (50+ Festival)

## 6. Ambassador update

Environment – Diana is attending a meeting with the Carbon Neutral Team as a follow on from Louisa attending as a previous guest speaker. She is meeting with Louisa and Peter Roderick regarding York Climate Commission on Health.

Loneliness and Social Isolation – Richard and Polly, two Age Friendly York residents, attend the workshop on 13<sup>th</sup> March with representation from Universities, Public Health, Adult Social Care and other professionals. York is the 3<sup>rd</sup> worst performer in the region in respect to loneliness and social isolation, even though we have a rich offer of social opportunities. The workshop was to showcase the offers we do have and try to tackle this “conundrum”. **Action** – to bring back workshop findings to a future meeting

Roy has attended 3 social offers through York Cares and was indicating that Waitrose are bringing back the social coffee morning that Age Friendly York piloted last year. Roy is getting in contact with the communities manager to find out more details.

Age Friendly York drop into a community coffee morning every other month. The one in May will be at [Westfield Wednesday's](#) on Wednesday 22<sup>nd</sup> May 1.30-3pm. Please do feel free to join me.

Housing – we will be looking to see if we can build the momentum with age friendly considerations on housing. **If this is a topic you are interested and would like to be a resident representative, then please do let me know.** I have had an initial meeting with Diana and have sent the Age Friendly Ireland housing check list and the Manchester report on 63 considerations for developers to ensure properties built are Age Friendly. Our next guest will be Lisa Otter from the housing team. We also thought it would be useful to invite Joseph Rowntree Housing Trust who have been retrofitting some properties as

fuel poverty is a particular challenge for older people. **Action** – invite JRHT to next meeting

Health – George has sent the specific priorities identified within the Health & Wellbeing Strategy to Carl to see if there is any progress to report. George reads the Integrated Care Board minutes as it is not a public meeting so he can not attend. Even though George’s profession was in the health sector he felt the meeting notes do not make sense to anyone who has not attended. **Action** – Carl to pick up on George’s request

The Ambassador profiles were well received with a request to add in photos.

## **8. Sensory support services consultation feedback**

There was a difference of opinion in respect to how many completed surveys was a good return. However, from the results received it was not clear how this would influence the tendering process. It was however recognised that the specification can not be released in advance of the tender process. It was also recognised that the tender will be focused on service delivery and could not meet the full range of needs. The qualitative responses were well received and it was noted that these would read across to the needs of older people as well. Although it was very useful to cluster the qualitative feedback it did not give a feel of the proportionality of views. One way to approach this is to use word clouds where the more a word is used like “transport” the bigger the text gets.

## **9. Older drivers**

The slides were well received but there was not sufficient time to discuss them. It was agreed that this will be an agenda item next time.

## **Opportunities and other updates:**

1. Happy to Chat - [Westfield Wednesday’s](#) on Wednesday 22<sup>nd</sup> May 1.30-3pm
2. Open Meeting (YOPA) – Monday 20<sup>th</sup> May at 2pm, Friends Meeting House. Look out for details on the [YOPA website](#).
3. Age Friendly York meeting – Thursday 6<sup>th</sup> June 10am, West Offices – guest Lisa Otter on age friendly housing

4. [Station Gateway Project](#).

[Queen Street Bridge to close in April – City of York Council](#)

Drop-in information session will take place on:

- Tuesday 9 April, 4.00pm to 6.30pm at York Railway Station
- Thursday 11 April online, 6.30pm to 7.30pm  
(email: [YorkStationGateway@sisk.co.uk](mailto:YorkStationGateway@sisk.co.uk) to register)
- Tuesday 16 April, 5.00pm to 8.00pm at The Principal Hotel, York

5. Amended link from previous papers: [engaging with climate change](#)

**Did you know?**

Renewal of concessionary bus passes happens automatically so you do not need to do anything.

**Contact details**

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